

**UNIVERSIDADE FEDERAL DO RECÔNCAVO DA BAHIA
CENTRO DE CIÊNCIAS AGRÁRIAS, AMBIENTAIS E BIOLÓGICAS
PROGRAMA DE PÓS-GRADUAÇÃO EM ENGENHARIA AGRÍCOLA
CURSO DE DOUTORADO**

**ACCLIMATION OF SUNFLOWER PLANTS TO SALT
STRESS WITH HYDROGEN PEROXIDE**

Petterson Costa Conceição Silva

**CRUZ DAS ALMAS - BAHIA
2020**

ACCLIMATION OF SUNFLOWER PLANTS TO SALT STRESS WITH HYDROGEN PEROXIDE

Petterson Costa Conceição Silva
Engenheiro Agrônomo
Universidade Federal do Recôncavo da Bahia, 2012

Tese apresentada ao Colegiado do Programa de Pós-graduação em Engenharia Agrícola da Universidade Federal do Recôncavo da Bahia, como requisito parcial para a obtenção do Título de Doutor em Engenharia Agrícola, Área de Concentração: Agricultura Irrigada e Recursos Hídricos.

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HYDROGEN PEROXIDE**

Comissão Examinadora da Defesa de Tese de
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Aprovada em: 10 de fevereiro de 2020

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ACCLIMATION OF SUNFLOWER PLANTS TO SALT STRESS WITH HYDROGEN PEROXIDE

ABSTRACT: This study aimed to test the hypothesis that hydrogen peroxide (H_2O_2) can increase the tolerance of sunflower plants to salt stress, using different strategies of application. In the first experiment, a selection of the treatments of H_2O_2 priming with greater dry mass production was carried out. For this purpose, before of salt stress application, seed of sunflower were primed at four concentrations of H_2O_2 associated to three exposure periods for selection of the better treatments, during 35 days after soaking (DAS). The second experiment was performed using greater treatments selected from the experiment previous. In this experiment, every 7 days, the physiological and biochemical parameters of plants were monitored. In the third experiment, the selection of the treatments of H_2O_2 priming via leaf spraying with greater dry mass production was carried out. In this experiment, four concentrations of H_2O_2 (via leaf spraying) were associated at three numbers of application during 35 days after soaking (DAS). The fourth experiment was performed using greater treatments selected from the experiment previous. In this experiment, every 7 days, the physiological and biochemical parameters of plants were monitored. The fifth experiment aimed to evaluate the effect of different methods of applying hydrogen peroxide (H_2O_2) via seed and/or via leaf spraying in sunflower plants under salt stress. In this experiment, five treatments were tested: control (absence of NaCl and absence of H_2O_2); salt control (presence of 100 mM NaCl and absence of H_2O_2); 1 mM H_2O_2 via seed (in the presence of 100 mM NaCl); 1 mM H_2O_2 via leaf spraying (in the presence of 100 mM NaCl); and 1 mM H_2O_2 via seed + 1 mM H_2O_2 via leaf spraying (in the presence of 100 mM NaCl). At 20 DAS dry masses of plants were quantified. In general, for all experiments, the salt stress promoted a strong reduction of plant growth, in relation to control treatment. However, this reduction was less pronounced in some treatment H_2O_2 -primed, confirming the hypothesis that H_2O_2 is able to attenuate the negative effect of salinity, increasing the tolerance of plants. Our results showed that the priming of seed or plants with H_2O_2 can increase photosynthetic efficiency, reduce Na^+ and Cl^- transport to leaves and increase antioxidant enzyme activity, mainly catalase, contributing to increased salt tolerance. But we also verified that, application of H_2O_2 leaf spraying (after salt stress) is not able to attenuate the negative effect caused by salt in sunflower plants.

Key words: Antioxidative enzymes; Cross-tolerance; Ion transport; ROS; Salinity

ACLIMATAÇÃO DE PLANTAS DE GIRASSOL AO ESTRESSE SALINO COM PERÓXIDO DE HIDROGÊNIO

RESUMO: Este estudo teve como objetivo testar a hipótese de que o peróxido de hidrogênio (H_2O_2) pode aumentar a tolerância das plantas de girassol ao estresse salino, utilizando diferentes estratégias de aplicação. No primeiro experimento, foi realizada uma seleção dos tratamentos de H_2O_2 com maior produção de massa seca. Para isso, antes da aplicação do estresse salino, sementes de girassol foram preparadas em quatro concentrações de H_2O_2 associadas a três períodos de exposição para seleção dos melhores tratamentos, durante 35 dias após a embebição (DAE). O segundo experimento foi realizado utilizando os melhores tratamentos selecionados a partir do experimento anterior. Neste experimento, a cada 7 dias, foram monitorados os parâmetros fisiológicos e bioquímicos das plantas. No terceiro experimento, foi realizada a seleção dos tratamentos de condicionamento com H_2O_2 via pulverização foliar com maior produção de massa seca. Neste experimento, quatro concentrações de H_2O_2 (por pulverização foliar) foram associadas a três números de aplicações, durante 35 dias após a embebição (DAE). O quarto experimento foi realizado utilizando os melhores tratamentos selecionados a partir do experimento anterior. Neste experimento, a cada 7 dias, os parâmetros fisiológicos e bioquímicos das plantas foram monitorados. O quinto experimento teve como objetivo avaliar o efeito de diferentes métodos de aplicação de peróxido de hidrogênio (H_2O_2) via sementes e/ou pulverização foliar em plantas de girassol sob estresse salino. Neste experimento, cinco tratamentos foram testados: controle (ausência de NaCl e ausência de H_2O_2); controle de sal (presença de NaCl 100 mM e ausência de H_2O_2); 1 mM H_2O_2 via semente (na presença de NaCl 100 mM); 1 mM H_2O_2 via pulverização de foliar (na presença de NaCl 100 mM); e 1 mM H_2O_2 via semente + 1 mM H_2O_2 via pulverização foliar (na presença de NaCl 100 mM). Aos 20 DAS foram quantificadas massas secas de plantas. Em geral, para todos os experimentos, o estresse salino provocou uma forte redução do crescimento das plantas, em comparação ao tratamento controle. No entanto, essa redução foi menos pronunciada em alguns tratamentos condicionados com H_2O_2 , confirmando a hipótese que o H_2O_2 é capaz de reduzir o efeito negativo da salinidade, aumentando a tolerância das plantas. Nossos resultados mostraram que, o condicionamento de sementes ou plantas com H_2O_2 pode aumentar a eficiência fotossintética, reduzir o transporte de Na^+ e Cl^- para as folhas e aumentar a atividade das enzimas antioxidantes, principalmente a catalase, contribuindo para o aumento da tolerância ao sal. Porém, verificamos também que a aplicação foliar de H_2O_2 (após o estresse salino) não é capaz de atenuar o efeito negativo provocado pelo sal em plantas de girassol.

Palavras chave: Enzimas antioxidantes; Tolerância cruzada; Transporte de íons; EROs; Salinidade;

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1. CHAPTER 1

1.1. GENERAL INTRODUCTION

Salinity is one of the environmental stresses that most affect crop growth and productivity in the world. Thus, it is one of the main challenges found in agriculture (PELEG et al., 2011).

In stress conditions occur several metabolic reactions in the plants. One of the metabolic process that occur in these conditions is the production of reactive oxygen species (ROS), formed during the plant metabolism, mainly in the chloroplasts, mitochondria and peroxisomes, from the reduction of oxygen (O₂) (MARQUES, 2013). ROS can also be used as signaling molecules in different processes of plant metabolism, for example, in growth and development, cell cycle, apoptosis, senescence and in responses to abiotic stresses (FINKEL, 2003 and MARQUES, 2013).

The process of acclimation is a biological mechanism that provides an alternative for the survival of plants to adverse conditions, mainly environmental stresses. This process involves morphological, physiological and biochemical changes, including gene expression, that are not transmitted to future generations (PRISCO and GOMES FILHO, 2010), allowing an individual to acquire greater tolerance to stress, compared to those who have not been acclimated. One of the techniques used to increase the efficiency in acclimation plants to abiotic stresses is the application of organic, inorganic or growth-regulating compounds, applied to the growing medium (root contact) or by spraying these compounds on the leaves (ASHRAF et al., 2008).

Under environmental stress conditions, the hydrogen peroxide that is an ROS has its concentration increased and can potentially cause several negative effects to plants. However, some studies on maize, tobacco, barley and rice plants have shown that the pretreatment with H₂O₂ in low concentration showed a significant improvement in the tolerance of plants to stress conditions such as salinity, heat and drought (PRASAD et al., 1994); UCHIDA et al. 2002; AZEVEDO NETO et al., 2005; GONDIM et al, 2012; SOUSA et al., 2016).

The physiological mechanisms of removal of ROS were developed by plants throughout evolution. In plant species, a variety of enzymes have stood out with the

ability to remove ROS, they are: superoxide dismutase (SOD), ascorbate peroxidase (APX), catalase (CAT) and others. Catalase has been listed as a key enzyme in the process of acclimation of pretreated plants with hydrogen peroxide acting as a plant protector to the salt stress condition (GONDIM et al., 2012), however, this mechanism has not yet been fully explained.

In Brazil, little has been done with the use of hydrogen peroxide in the pretreatment of agricultural crops to the acclimation of plants to abiotic stresses. In the word, most of the work in this line of research has been carried using maize, rice, barley and tobacco crops. Little is known yet about the capacity of acclimation to salinity by pretreatment with hydrogen peroxide in sunflower plants, since in Brazil, mainly in the northeast region which is the place where the greatest soil salinization problems occur.

The cultivation of sunflower is of great importance in the world market, mainly in the production of good quality oil used in human food. However, still little produced in the northeast region. Once the ability to acclimatize these plants to salinity through the application of H_2O_2 has been proven, this work can generate important data so that in the future there may be a greater incentive to the production of this culture in the region, mainly due to the fact that this species has a high yield of oil and with high added value.

1.2. LITERATURE REVIEW

1.2.1. Effect of salinity on plants

Approximately 40% of the world's irrigated soils are located in arid and semi-arid regions (FAO, 2006; BELTRÁN, 2010). Salinity is a limiting environmental problem for plant development and productivity (ALLAKHVERDIEV et al., 2000; ESTEVES and SUZUKI, 2008).

For the production of agricultural crops mainly in the northeast region of Brazil, it is essential to know about the effects that salts cause on plants, especially when using saline soil and/or saline water.

Excessive salts in the soil can cause several negative effects on plant growth. The soil normally contains a diluted concentration of salts, but when in excess, the presence of these salts causes a reduction in the osmotic potential of the soil solution,

providing a decrease in the free energy of the water, resulting in a decrease in the influx of water by the roots and transpiratory flow of plants (SALISBURY and ROSS, 1992).

According to Aragão (2008), the effects of salinity on plant growth and development are numbered as: 1st - osmotic effect, due to the large amount of salts in the soil, retaining more and more water, and thus not making water available to plants; 2nd - toxic effect, characterized by the accumulation of specific ions in the plant, mainly Na⁺ and Cl⁻, affecting the respiratory chain, photophosphorylation, nitrogen assimilation and protein metabolism; 3rd - nutritional effect, in which the excess of one ion inhibits the absorption of another.

The gas exchange of plants is strongly affected by the presence of a high concentration of salts in the soil, reducing the permeability of water by the roots and providing stomatal closure, thus loss of water through transpiration, the consequence of which is the reduction of the photosynthesis and the impairment of the plant cycle (PEDROTTI et al., 2015). The reductions caused by salinity in photosynthesis are linked to indirect consequences induced by salt, as the presence of salt does not directly affect growth, however it has negative effects on cell turgor, on photosynthesis and enzymatic activities of plants (ARAGÃO, 2012).

It is known that the photochemical activity of plants presents a kind of resistance regarding exposure to short-term stress (NETONDO et al., 2004), without significant change in the potential quantum efficiency of photosystem II (Fv/Fm) (PRAXEDES et al., 2010). However, when exposed to prolonged stress, the decrease in the Fv/Fm ratio can be interpreted as photodamage, and may occur due to inactivation of the reaction center of photosystem II (PSII) and/or an excitation energy in favor of photosystem I (PSI), increasing the cyclical flow of electrons around the PSI (KRAMER et al., 2004; HILL and RALPH, 2005), especially when subjected to high density of photosynthetic photon flux (PPFDs) (BELKHODJA et al., 1999; LU et al., 2003).

An important factor in determining the photochemical capacity of PSII is the redox status of quinones (Qa). Often, the PSII efficiency factor (photochemical quenching - qP) represents the proportion of photon energy captured by the PSII reaction centers and dissipated via electron transport (JUNEAU et al., 2005), reflecting the degree of oxidation and reduction of the quinones. The qP represents the use of light energy for the photochemical processes of photosynthesis (donation of electrons

from the H₂O molecule to the NADP⁺ acceptors. This energy generated by the breakdown of H₂O and the H⁺ released in this breakdown is used in the formation of reducing power and ATP molecule, which are used in the biochemical phase of photosynthesis (SCHREIBER et al., 1986).

The excess of free energy can be the result of reduced photosynthetic efficiency due to environmental stress (LONG et al., 1994; LIMA NETO, 2012). A parameter that frequently increases as a function of salinity is the ETR/A ratio, which indicates the electron transport rate directed towards the assimilation of CO₂. The increase in this ratio indicates that more electrons are being directed to other drains (photorespiration, N metabolism, Mehler reaction, formation of ROS), suggesting a stress condition (MELONI et al., 2003; DRIEVER and BAKER, 2011; LIMA NETO, 2012). The various effects on the mechanisms that involve the ability to assimilate CO₂, photochemical activity and the existence of alternative electron drains to mitigate the damage caused by salinity are poorly studied and deserve more attention.

1.2.2. Oxygen reactive species on plants

ROS are by-products produced through biochemical events of aerobic cell metabolism (NOCTOR and FOYER, 1998). These species are produced through aerobic metabolism, during the electron flow in the mitochondria and chloroplast and/or when the reduced electron transporters react partially with O₂ in the absence of other electron acceptors (HALLIWELL and GUTTERIDGE, 1985; THOMPSON et al., 1987; GONDIM, 2012). In plant cells, ROS can also be produced in the peroxisomes, in the cytosol, in the plasma membrane and in the apoplast (GONDIM, 2012).

As O₂ absorbs radiant energy or is reduced by electron acceptor ROS are formed: singlet oxygen (¹O₂), hydrogen peroxide (H₂O₂), superoxide radicals ([•]O₂⁻) and hydroxyl (HO[•]) are the most commonly found ROS (APEL and HIRT, 2004; ABOGADALLAH, 2010; MARQUES, 2013).

Chloroplasts are considered the main sources of ROS production, since in this organelle there is the production of a large amount of [•]O₂⁻, H₂O₂ and ¹O₂, mainly when the plants are submitted to stress conditions (TAKAHASHI and MURATA, 2008; JASPERS and KANGASJARVI, 2010).

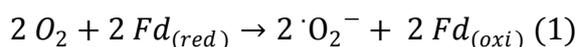
The redox state of the mitochondrial electron transport chain is an important indicator of the state of cellular energy and the second largest source of ROS

production, especially the $\cdot\text{O}_2^-$ from complexes I and III, and the state of reduction of ubiquinone (TAYLOR et al., 2009).

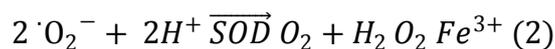
The third largest source of intracellular ROS is peroxisomes. In these organelles is found the glycolate oxidase enzyme that produces H_2O_2 resulting from the conversion of glycolate to glyoxylate in the photorespiratory pathway (JASPERS and KANGASJARVI, 2010; MILLER et al., 2010). The activity of the glycolate oxidase enzyme plays an important role in plant metabolism, especially under abiotic stress conditions. In these cases, there is a reduction in the degree of stomatal opening accompanied by a reduction in the availability of CO_2 for the enzyme rubisco, intensifying the process of photorespiration and production of glycolate in chloroplasts (FOYER and NOCTOR, 2009). Glycolate is directed to peroxisomes where it is oxidized by the action of the glycolate oxidase enzyme leading to the production of H_2O_2 (GONDIM, 2012).

The $^1\text{O}_2$ is formed from the excitation of O_2 and arises when the latter absorbs enough energy to reverse the spin of one of its unpaired electrons. It is considered the most important reactive oxygen species responsible for the loss of PSII activity induced by excess light, which can result in cell death (MITTLER et al., 2002). $^1\text{O}_2$ can be neutralized by β -carotene, α -tocopherol or can react with PSII D1 protein (KRIEGER-LISZKAY, 2005).

The $\cdot\text{O}_2^-$ is usually the first ROS formed in the cell. It is a moderately reactive ion that has both reducing and oxidizing properties and a short half-life of approximately 1 μs (HALLIWELL, 1977). It is formed from the reduction of O_2 , with the transfer of only one electron. This process can occur with the use of several reducing agents. For example, under conditions of electron overload in the electron transport chain in chloroplasts, superoxide radical is formed by the oxidation of ferredoxin, through the Mehler's reaction⁽¹⁾ (MEHLER, 1951a; MEHLER, 1951b).

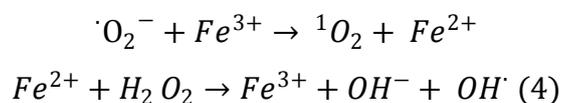


The main place of production of $\cdot\text{O}_2^-$ is the primary electron acceptor of the PSI linked to the thylakoid membrane (SINGH et al., 2014). Subsequently, $\cdot\text{O}_2^-$ gives rise to secondary ROS from direct reactions or enzymatic processes (VALKO et al., 2005). The enzymatic process to reduce the superoxide radical⁽²⁾, from the superoxide dismutase enzyme, gives rise to H_2O_2 .



Hydrogen peroxide is moderately reactive and has a relatively long half-life of approximately 1 ms (MITTLER et al., 1991). H₂O₂ has particular characteristics that make it an important signaling molecule in biological processes involved in tolerance to various environmental stresses, when present in low concentrations (NEILL et al., 2002). For example, it is the only ROS that can diffuse through aquaporins in the membrane and travel long distances within the cell and is much more stable than other ROS (BIENERT et al., 2007). It is generated by the reduction of two O₂ electrons, catalyzed by some oxidases or indirectly via O₂ reduction (MITTLER et al., 2004).

The superoxide radical and hydrogen peroxide can give rise to the hydroxyl radical (OH•) through the Haber-Weiss's reaction⁽³⁾. The formation of OH• directly from H₂O₂ occurs through the Fenton's reaction⁽⁴⁾ (BARBOSA et al., 2014).



The OH• has short half-life and strongly positive redox potential. These characteristics make this ROS, different from H₂O₂, do not travel long distances and react with molecules nearby its formation site (ELSTNER, 1982).

Recently, several studies with a proteomic approach to the formation of ROS have been carried out for different species under conditions of environmental stress. The identified proteins belong to important physiological processes (metabolism of carbohydrates, amino acids, nitrogen and energy) and defense (ROS scavenging) (XU et al, 2015; AHMAD et al., 2016; MENG et al., 2016; LUO et al., 2017).

1.2.3. Antioxidative systems (Enzymatic and Non-enzymatic)

Under oxidative stress conditions, in order to eliminate ROS, plants increase the endogenous level of defense antioxidants (SHARMA et al. 2012). The term antioxidant refers to the function that enzymes, vitamins, secondary metabolites and

other phytochemicals perform against the harmful effects of high levels of ROS (MCDERMOTT 2000; ERASLAN et al., 2007; HONG-BO et al., 2008).

The defense mechanisms are essential for good cellular functioning, since they preserve the integrity of the cell membrane, protect the cell from redox enzymatic processes, DNA and proteins (GRENE, 2002). The processes of production and elimination of ROS can occur in several organelles, such as mitochondria, peroxisomes and chloroplasts (SHARMA et al., 2012). The defense mechanisms can be both enzymatic and non-enzymatic, as shown in Figure 1.1 (SOUSA, 2014).

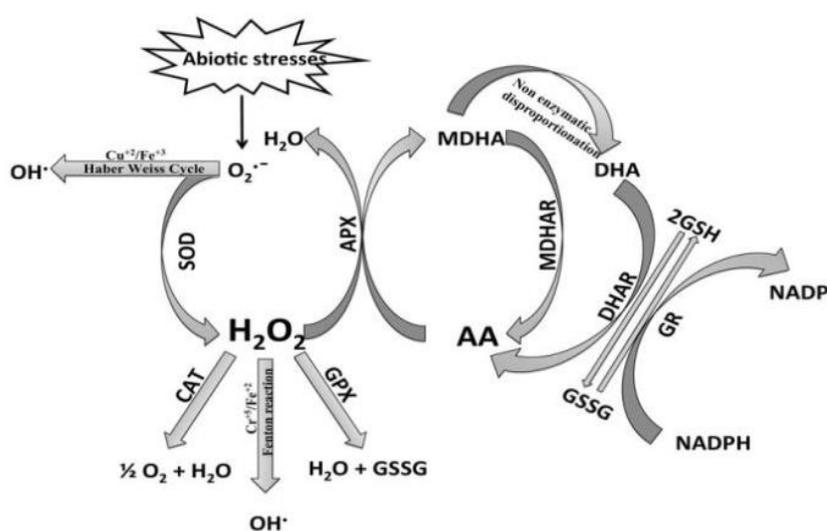


Figure 1.1 Antioxidant defense mechanism (GILL and TUTEJA, 2010).

Non-enzymatic antioxidants include the classes of antioxidants associated with a fat-soluble membrane (tocopherol and carotenoids) and that of water-soluble reducers (glutathione, ascorbate and phenolic compounds) (SOUSA, 2014).

Antioxidants such as ascorbic acid (ASA), glutathione (GSH) as well as tocopherols, flavonoids, alkaloids and carotenoids actively participate in the control of the pool of ROS in cells (APEL and HIRT, 2004). GSH is oxidized by ROS to form oxidized glutathione (GSSG), while ASA is oxidized to monodeshydroascorbate (MDA) and dehydroascorbate (DHA). In the glutathione-ascorbate cycle, GSSG, MDA and DHA can again be converted to GSH and ASA to maintain the ROS in concentrations that are supported by the cell (APEL and HIRT, 2004).

Several enzymes participate in maintaining the reduced status of ASA and GSH. Glutathione reductase participates in the reduction of GSSG to GSH, while monodeshydroascorbate reductase (MDAR) and dehydroascorbate reductase (DHAR) reduces MDA and DHA, respectively. All of these enzymes use NADPH as a reducing force (TSUGANE et al., 1999; APEL and HIRT, 2004). Both ASA and GSH are present in several cell compartments, mainly in chloroplasts, mitochondria and cytosol (POTTERS et al., 2002). Ascorbate participates in several cellular processes and, among these, the most important ones involve oxidative protection (APEL and HIRT, 2004), regulation of the transition from G1 to S phase in the cell cycle (POTTERS et al., 2002) and control growth by elongating cells (PASSARDI et al., 2004). For this purpose, the pathway of synthesis and degradation is distributed in mitochondria, cytosol (HOREMANS et al., 2000; GREEN and FRY, 2005) and apoplast (PASSARDI et al., 2004), indicating that the regulatory processes that ascorbate participates involve mechanisms located in several subcellular compartments.

The GSH in plant cells actively participates in sulfur metabolism, antioxidant defense and removal of xenobiotic compounds (POTTERS et al., 2002). The chemical reactivity of the thiol group of glutathione, its relative stability and its high solubility in water makes this molecule particularly suitable for receiving or donating electrons in physiological reactions (POTTERS et al., 2002). However, the evidence that the main pathway of GSH synthesis is located in chloroplasts (FOYER et al., 2001) makes this molecule a little explored target for oxidative metabolism in roots. On the other hand, its metabolic dynamics, including in the indirect action of DHA reduction, makes GSH essential for the control of ROS (POTTERS et al., 2002).

The other antioxidant molecules such as flavonoids and carotenoids, reported above, are still little explored in the literature and their effective role in the removal of ROS in subcellular compartments still deserves attention (APEL and HIRT, 2004). However, studies in *Arabidopsis* reveal that overexpression of a β -carotene hydrolase can cause an increase in the amount of xanthophylls in chloroplasts and result in an increase in tolerance to oxidative stress caused by excess light (DAVISON et al., 2002).

Enzymatic antioxidants are found in almost all cell compartments, which generally contain more than one enzyme, due to the joint action of enzymes with similar functions (MITTLER et al., 2004).

Among the main enzymes we can mention the superoxide dismutases (SOD; EC 1.15.1.1), ascorbate peroxidases (APX; EC 1.11.1.1), phenols (POX; EC 1.11.1.7) and glutathione (GPX; EC 1.11.1.9) and catalases (CAT; 1.11.1.6) which, together with other regenerating enzymes of the active forms of antioxidants, promote the ROS scavenging (CAVALCANTI et al., 2004; CAVALCANTI et al., 2007).

The balance of SOD, APX, GPX and CAT activities is crucial in the suppression of toxic levels of ROS in the cell (APEL and HIRT, 2004). In recent years, a large number of studies have focused on the balance of these activities, on different cell organelles (MAIA, 2008).

It is not surprising, therefore, that SODs are present in practically all regions of the cell. In addition, the fact that biological membranes are impervious to charged O₂ molecules, makes the presence of SOD near [•]O₂⁻ production sites necessary. SODs are classified, according to their metal cofactor, into three groups: Fe-SOD, present in chloroplasts; Mn-SOD, present in mitochondria and peroxisomes; and Cu/Zn-SODs, present in chloroplasts, cytosol and extracellular space (ALSCHER et al., 2002).

The APXs are considered the most important enzymes in the H₂O₂ scavenging in cytosol and chloroplasts (ASAI et al., 2004). APXs use ascorbate as their specific electron donor to reduce H₂O₂ to water. The APX isoenzymes are distributed in at least four distinct cellular compartments: in the stroma; bound to the chloroplast thylakoid membrane; membrane-bound (mAPX) in the micro-bodies, including glyoxysomes and peroxisomes; and cytosol (cAPX) (SHIGEOKA et al., 2002; D'ARCY-LAMETA et al., 2006). There are also isoforms of APX and other enzymes of the ascorbate-glutathione cycle in the mitochondria (mitAPX) (CHEW et al., 2003). All of these isoenzymes have a high specificity for ascorbate as an electron donor.

Phenol peroxidases (POX) from class III plants have been found in several cell compartments such as cytosol, vacuole, apoplast and cell wall (MAIA, 2004; MITTLER et al., 2004). However, even though there are several studies on its activity in plants under stress, its involvement in the ROS scavenging is still not completely clear, since this enzyme is also involved in the lignification process and growth arrest in stress conditions (CAVALCANTI et al., 2007).

Studies have shown that, in most cases, the expression levels of genes related to GPX activity are increased in response to stresses (NAVROT et al., 2006). Currently, GPX is defined as the general name for a family of multiple isoenzymes that catalyze

the reduction of H_2O_2 or organic hydroperoxides to water or corresponding alcohols using reduced glutathione (GSH) as an electron donor (MARGIS et al., 2008).

Catalase (CAT) is an enzyme that contains a heme group in its structure that catalyzes the dismutation of H_2O_2 to water and O_2 (ZÁMOCKY and KOLLER, 1999) in peroxisomes and glyoxysomes by the oxidases involved in the β -oxidation of fatty acids, in reactions glyoxalate (photorespiration) and purine catabolism (VAN BREUSEGEM et al., 2001). Multiple forms of catalase have been described in many plant species. In maize, three isoforms (CAT-1, CAT-2 and CAT-3) were found whose genes are on separate chromosomes and are expressed distinctly with regulatory mechanisms and different locations: CAT-1 and CAT-2 located in peroxisomes, glyoxysomes and cytosol, while CAT-3 is probably located in the mitochondria (POLIDOROS and SCANDALIOS, 1997; VAN BREUSEGEM et al., 2001).

1.2.4. Hydrogen peroxide as a signaling molecule

Hydrogen peroxide is one of the ROS and a molecule well known for its toxic effect. However, currently several H_2O_2 signaling functions in plant physiology and biochemistry have been described in scientific studies (KUŹNIAK and URBANEK, 2000; NEILL et al., 2002; APEL and HIRT, 2004; HUNG et al., 2005).

Plants and other aerobic organisms have evolved different metabolic systems where ROS are used as signaling molecules in cellular processes. From this context, it is believed that H_2O_2 , the most stable molecule of ROS, can act indirectly in the regulation of acclimation, defense processes and plant development (ŚLESIAK et al., 2007).

Due to the long half-life of H_2O_2 when compared to the superoxide radical, it is likely that hydrogen peroxide acts as a signaling molecule over a long distance (VRANOVÁ et al., 2002). Transmembrane water channels known as aquaporins can facilitate the movement of H_2O_2 between cell membranes together with water (HENZLER and STEUDEL, 2000).

Currently, it is well documented that H_2O_2 plays a key role in plant responses to biotic and abiotic stresses. According to Ślesak et al., (2007), H_2O_2 has a key role in controlling a variety of responses to stress and physiological adjustment (Figure 1.2).

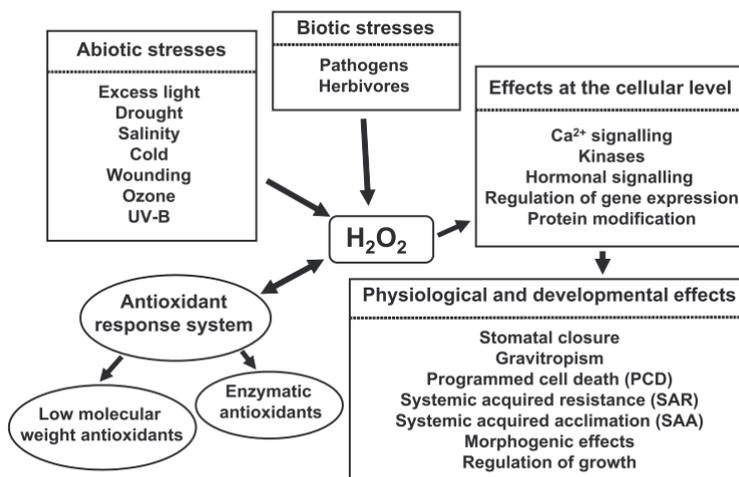


Figure 1.2. Central role of hydrogen peroxide in plants, in response to several environmental stresses (modified by DESIKAN et al., 2003).

Several studies have shown the effects of H_2O_2 as a signaling molecule associated with the response of abiotic stresses, such as drought (HAMEED and IQBAL, 2014; ASHRAF et al., 2015), salinity (SATHIYARAJ et al., 2014; MOHAMED et al., 2015), cold (ORABI et al., 2015), high temperatures (WANG et al., 2014; WU et al., 2015), UV radiation (HE et al., 2005), ozone (OKSANEN et al., 2004) and heavy metals (WEN et al., 2013).

In the same way that H_2O_2 acts to improve the tolerance of plants to abiotic stresses, it can also modulate the expression of tolerance genes and the activity of antioxidant enzymes during abiotic stresses (NIU and LIAO, 2016). The H_2O_2 signaling process can interact with different signaling molecules, such as phytohormones (SHI et al., 2015), protein kinase (GONZÁLEZ et al., 2012) and many other small signaling molecules (LI et al., 2015). H_2O_2 and these other molecules can mutually influence different routes of positive and negative feedback. Thus, they regulate cell division and differentiation, antioxidant defense systems as well as the expression of genes of different physiological mechanisms (NIU and LIAO, 2016).

The components of signal transduction, including protein kinases, such as calcium dependent protein kinases (CDPKs) and mitogen-activated protein kinases (MAPK) have been implicated in acting on plant tolerance to biotic and abiotic stress (WURZINGER et al., 2011). MAPK cascades are important pathways in abiotic stress responses and allow extracellular stimuli to be transduced into intracellular changes

(ZHOU et al., 2014). A series of cellular stimuli that induce the production of ROS (H_2O_2) can also activate MAPK pathways (TORRES and FORMAN, 2003; MCCUBREY et al., 2006), which can induce acclimation of plants to stress conditions.

1.2.5. The sunflower crop

The sunflower (*Helianthus annuus* L.) is an annual dicotyledon plant, order Asterales, family Asteraceae, subfamily Asteroideae and tribe Heliantheae. Original in North-America.

The sunflower plant has a root system with a pivoting main root and inflorescence known as a capitulum, whose shape can vary from concave to convex, and the stem can present different curvatures that are expressed in maturation (CASTIGLIONI et al., 1994).

It stands out worldwide as the fifth oilseed plant in production of raw material, second only to soybeans, rapeseed, cotton and peanuts, fourth oilseed in bran production after soybean, rapeseed and cotton and third in world oil production, after of soy and rapeseed. The largest grain producers are Russia, Ukraine, the European Union and Argentina (LAZZAROTTO et al., 2005).

Sunflower is highly important, as it produces oil of good quality and high nutritional value as a functional food for human consumption, as well as for ruminants, pigs and birds and, in addition, it can be used for silage as a forage option. Currently, it is arousing great interest worldwide, as it represents a new market alternative for the production of raw material for obtaining biofuels, due to the high oil content in the achenes and its wide adaptation to different edaphoclimatic regions.

In the past, sunflower was a crop considered moderately tolerant to salt stress (HARDWICK and FERGUSON, 1978; BLAMEY et al., 1986). However, there are currently results that show that there are several genotypes considered sensitive to salinity (MOTA, 2014).

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2. CHAPTER 2

Hydrogen peroxide seed priming increases the photosynthesis by improvement in the efficiency of PSII in sunflower plants under salt stress²

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2 **Title Page**

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4 Hydrogen peroxide seed priming increases the photosynthesis by improvement of the efficiency of PSII in
5 sunflower plants under salt stress

6

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26 **ABSTRACT**

27 Salinity commonly affects photosynthesis and crop production worldwide. However currently, some studies have
28 shown that hydrogen peroxide (H_2O_2) priming can act in increase the tolerance of plants to salt stress. In this
29 context, the aim of this study was tested the hypothesis that the H_2O_2 seed priming can contribute for improvement
30 of photosynthetic efficiency in sunflower plants under salt stress. The experiment was conducted in completely
31 randomized design, with 4 replicates. Six treatments were tested: control (deionized water); salt control (100 mM
32 NaCl); 0.1 mM H_2O_2 (36 h) + 100 mM NaCl; 1 mM H_2O_2 (24 h) + 100 mM NaCl; 10 mM H_2O_2 (12 h) + 100 mM
33 NaCl; and 100 mM H_2O_2 (12 h) + 100 mM NaCl. Plants in the salt stress showed a strong reduction of growth,
34 compared to those of the control treatment. However, this effect was less pronounced in plants whose seeds were
35 primed with H_2O_2 . At the end of the experiment, H_2O_2 seed priming increased A, A/Ci, F_v/F_m , Y_{II} , ETR and the
36 chlorophyll *b* content and reduced the non-photochemical quenching (Y_{NPQ} and Y_{NO}), compared to plants of the
37 salt control treatment.

38

39 **Keywords:** *Helianthus annuus* L.; H_2O_2 ; salt tolerance; cross-talk; photosynthesis.

40 **1. Introduction**

41

42 Salinity is one of the environmental stresses that most affect crop growth and yield in the world, being
43 one of the main challenges encountered in agriculture (Veeranagamallaiah et al. 2007).

44 Salinity reduces water availability to the roots, induces stomatal closure, and reduces photosynthetic rates
45 and enzyme activities in plants, reducing their growth (Pedrotti et al. 2015). Under stress conditions, the reduction
46 of photosynthetic efficiency may generate an excess of free energy in the photosynthetic apparatus and increase
47 the production of reactive oxygen species (ROS) (Lima Neto et al. 2014).

48 ROS are produced through biochemical events of the aerobic metabolism (Noctor and Foyer 1998). These
49 species arise mainly during the electron flow in mitochondria and chloroplasts when, in the absence of another
50 acceptor, the electrons are transferred to O₂. In plant cells, ROS can also be produced in peroxisomes, cytosol,
51 plasma membrane and apoplast (Caverzan et al. 2016).

52 Hydrogen peroxide (H₂O₂) is considered the main ROS found in plant tissue. Due to its electrochemical
53 characteristics and small size, H₂O₂ is able to cross the membranes and diffuse between cell compartments, which
54 facilitates its signaling function (Bienert et al. 2006).

55 Several scientific articles have evidenced the role of H₂O₂ as a signaling molecule with multiple functions
56 in plants (Neill et al. 2002). Among these functions, H₂O₂ act with a key role in the plant response to abiotic
57 stresses, such as salinity (Azevedo Neto et al. 2005), drought (Hossain and Fujita 2013), high temperatures (Wu
58 et al. 2015), UV radiation (He et al. 2005), ozone (Oksanen et al. 2004) and heavy metals (Wen et al. 2013). H₂O₂
59 can modulate the expression of resistance genes and the activity of antioxidant enzymes during abiotic stresses,
60 increasing the tolerance of plants (Niu and Liao 2016).

61 Although of recent reports have shown that the H₂O₂ can acclimate the plants to abiotic stress, very little is known
62 about these physiological responses, especially regarding the contribution of H₂O₂ priming in photosynthesis
63 impairment. Thus, the aim of this study was to tested the hypothesis that H₂O₂ seed priming increases the salt
64 tolerance of sunflower plants under salt stress by minimizing photoinhibition and improving of photosynthetic
65 efficiency of PSII.

66

67 **2. Material and Methods**

68

69 **2.1 Experimental conditions**

70 Two experiments were conducted in the Laboratory of Biochemistry and in the greenhouse of the
71 Universidade Federal do Recôncavo da Bahia, Cruz das Almas, BA, Brazil (12°40'19"S, 39° 6'23"W). The climate
72 is hot and humid tropical (Af) according to Köppen's classification (Alvares et al. 2013), with annual means of
73 rainfall, temperature and relative humidity of 1,224 mm, 24.5 °C and 80%, respectively.

74 Seeds of Agrobelt 975 sunflower (AG 975) were used in both experiments. The seeds were kept for 5 minutes in
75 0.2% sodium hypochlorite (m/v) and subsequently 3-fold washed with distilled water for disinfection.

76

77 **2.2 First experiment (selection of treatments)**

78 Seeds were placed to germinate in Petri dishes (20 seeds per dish), on sheets of filter paper. Petri dishes
79 containing the seeds were kept in a B.O.D. (Biochemical Oxygen Demand) germination chamber at temperature
80 of 25 °C. Seeds on Petri dishes were soaked in distilled H₂O for 36 hours, or in H₂O₂ at 0.1, 1, 10 and 100 mM of
81 H₂O₂ for 12; 24 and 36 hours.

82 Seedlings were transferred to polyethylene pots containing 15 L of full-strength nutrient solution (Furlani,
83 1997) + 100 mM NaCl, except for plants of the control treatment, totaling 14 treatments: T1 - control (absence of
84 NaCl and absence of H₂O₂); T2 - salt control (presence of 100 mM NaCl and absence of H₂O₂); T3 - 0.1 mM H₂O₂
85 (12 h); T4 - 1 mM H₂O₂ (12 h); T5 - 10 mM H₂O₂ (12 h); T6 - 100 mM H₂O₂ (12 h); T7 - 0.1 mM H₂O₂ (24 h);
86 T8 - 1 mM H₂O₂ (24 h); T9 - 10 mM H₂O₂ (24 h); T10 - 100 mM H₂O₂ (24 h); T11 - 0.1 mM H₂O₂ (36 h); T12 -
87 1 mM H₂O₂ (36 h); T13 - 10 mM H₂O₂ (36 h); T14 - 100 mM H₂O₂ (36 h). The plants were harvested after 35
88 days under these conditions. The experiment was carried out in a completely randomized design with four
89 replicates, containing one plant per replicate.

90 The harvested plants were partitioned into leaves, stems and roots, dried in an oven at 65 °C for 72 h, and
91 weighed on an analytical balance to quantify the dry masses of leaves (LDM), stem (SDM), and roots (RDM).
92 With these data, total dry mass (TDM) was obtained.

93

94 **2.3 Second experiment**

95 In this experiment, the four treatments with H₂O₂ application which showed highest total dry mass
96 accumulation in the previous experiment were selected. The treatments of H₂O₂ seed priming selected for this
97 experiment were: T5 - 10 mM of H₂O₂ (12 h), T6 - 100 mM of H₂O₂ (12 h), T8 - 1 mM of H₂O₂ (24 h) and T11 -
98 0.1 mM of H₂O₂ (36 h). Two additional treatments were also included: T1 - control (absence of NaCl and absence
99 of H₂O₂) and T2 - salt control (presence of 100 mM NaCl and absence of H₂O₂), totaling 6 treatments, with four

100 replicates each. Plants were kept under the same experimental conditions imposed in the first experiment. A
101 completely randomized design with four replicates was used, containing one plant per replicate. Three weekly
102 harvests were performed at 21, 28 and 35 days after sowing (DAS) to analyze the behavior of the plants over time.

103 Gas exchange evaluations were carried out on the youngest fully expanded pair of leaves (Silveira et al.
104 2009), using an infrared gas analyzer - IRGA, Li-6400XT model (Li-Cor, Lincoln, NE, USA). CO₂ assimilation
105 rate (A), transpiration (E), stomatal conductance (gs) and internal CO₂ partial pressure (Ci) were determined. These
106 data were used to determine the instantaneous carboxylation efficiency (A/Ci).

107 Chlorophyll *a* fluorescence was measured by the saturation pulse method, at a photosynthetic photon flux
108 density of 1,000 $\mu\text{mol m}^{-2} \text{s}^{-1}$, using the OS5-FL portable modulated fluorometer (ADC Bioscientific Ltd,
109 Hoddesdon, Hertfordshire). Minimum fluorescence (F_0), maximum fluorescence (F_m) and the potential quantum
110 yield of PSII (F_v/F_m) were measured on 30 minutes dark-adapted leaves. Light-adapted leaves were evaluated for
111 the yields of the competitive pathways for the de-excitation of energy absorbed in PSII, the quantum yield of
112 photochemical quenching in PSII (Y_{II}) and the quantum yield of regulated (Y_{NPQ}) and non-regulated (Y_{NO}) non-
113 photochemical quenching in PSII. Electron transport rate (ETR) was estimated according to Bilger et al. (1995).

114 The same leaves used for photosynthetic evaluations were analyzed for the relative water content (RWC),
115 electrolyte leakage (EL) (Silva, Silveira, Ribeiro, & Vieira, 2015), leaf succulence (SUC) and sclerophylly index
116 (SI) (Cova et al. 2016). In addition, the contents of the photosynthetic pigments chlorophyll *a* (Chl*a*), chlorophyll
117 *b* (Chl*b*) and carotenoids (Car) were extracted in ethanol (95%) and quantified by spectrophotometry at 664, 649
118 and 470 nm, using the equations proposed by Lichtenthaler and Buschmann (2001).

119 Another part of the plant material (leaves and stem) was dried in an oven at 65 °C for 72 h to measure the
120 LDM, SDM, and ShDM.

121

122 **2.4 Statistical analysis**

123 All data from both experiments were subjected to analysis of variance (ANOVA) and the means were compared
124 by Scott-Knott's test ($p \leq 0.05$), using the statistical program SPSS for Windows (SPSS, Chicago, IL).

125

126 **3. Results**

127 **3.1 First experiment**

128 The results showed a significant effect between the applied treatments ($p \leq 0.01$) for all variables analyzed
129 (Table 2.1). As expected, in the salt control treatment (T2) there were reductions in the LDM, SDM, RDM and

130 TDM of approximately 73, 76, 71 and 73%, respectively, compared to plants in the control treatment (T1) (Table
 131 2.1). However, in some treatments, the deleterious effects of salinity were significantly less pronounced due to the
 132 H₂O₂ seeds priming.

133

134 **Table 2.1** Results of Fisher's test and Scott-Knott's test for the parameters analyzed in the first assay, in sunflower
 135 plants at 35 days of salt stress.

Sources of variation	LDM	SDM	RDM	TDM
Treatments	**	**	**	**
CV (%)	5.90	6.76	10.34	4.81
Treatments	Leaf	Stem	Root	Total
	Dry mass (% control)			
T1 - control	100	100	100	100
T2 - salt control	26.8 d	23.7 d	29.5 c	26.6 d
T3 - 0.1 mM H ₂ O ₂ (12 h)	29.2 d	25.5 c	29.5 c	28.2 d
T4 - 1 mM H ₂ O ₂ (12 h)	31.8 c	27.4 b	32.5 c	30.7 c
T5 - 10 mM H ₂ O ₂ (12 h)	35.2 b	31.5 a	50.2 a	38.2 a
T6 - 100 mM H ₂ O ₂ (12 h)	37.0 b	28.2 b	48.4 a	37.6 a
T7 - 0.1 mM H ₂ O ₂ (24 h)	35.8 b	26.9 c	32.5 c	32.4 c
T8 - 1 mM H ₂ O ₂ (24 h)	40.9 a	31.3 a	40.6 b	38.1 a
T9 - 10 mM H ₂ O ₂ (24 h)	35.5 b	30.2 a	41.2 b	35.6 b
T10 - 100 mM H ₂ O ₂ (24 h)	29.3 d	23.2 d	33.4 c	28.7 d
T11 - 0.1 mM H ₂ O ₂ (36 h)	37.1 b	29.9 b	42.6 b	36.6 a
T12 - 1 mM H ₂ O ₂ (36 h)	36.8 b	30.4 b	39.4 b	35.6 b
T13 - 10 mM H ₂ O ₂ (36 h)	32.5 c	28.2 b	41.2 b	33.6 b
T14 - 100 mM H ₂ O ₂ (36 h)	28.0 d	23.5 d	29.3 c	27.2 d

136 ** Significant at $p \leq 0.01$. Means followed by the same letter, in column, are not statistically different by Scott-
 137 Knott's test. ($p \leq 0.05$). LDM (leaf dry mass), SDM (stem dry mass), RDM (root dry mass) and TDM (total dry
 138 mass). Data in percentage of control.

139

140 The results of the Scott-Knott test showed that seeds priming with 1 mM of H₂O₂ (24 h) (T8) increased
 141 LDM by 53% in comparison to the salt control treatment (T2). For the stem, in eight out of the twelve treatments
 142 (T4, T5, T6, T8, T9, T11, T12 and T13) of the H₂O₂ seeds priming significantly increased the dry mass production
 143 (from 16 to 32%) compared to the T2 treatment. A similar behavior was observed in the roots and, in seven out of
 144 the twelve priming treatments (T5, T6, T8, T9, T11, T12 and T13), RDM was 43 to 71% higher than that of the
 145 salt control treatment (T2) (Table 2.1).

146 The selection of treatments for the second assay was based on the TDM of the plants. The treatments T5,
 147 T6, T8 and T11 were selected as the most effective in reducing the deleterious effects of salinity. In these
 148 treatments there was an increase in TDM, which changed between 38 and 43% when compared to plants of the
 149 salt control treatment (T2) (Table 2.1).

150

151 3.2 Second experiment

152 It can be seen in Table 2.2 that the tested treatments had significant effect on LDM, SDM and ShDM (at
 153 21, 28 and 35 days), on RWC and SI (at 21 and 28 days), on SUC, Y_{II} and ETR (at 28 and 35 days), on the A/Ci
 154 ratio, Chl*b* and Car (at 21 and 35 days), Chl*a* (at 21 days) and on A, Ci, A/Ci, F_0 , F_v/F_m , Y_{NPQ} and Y_{NO} (at 35 days).
 155 The other parameters analyzed were not affected significantly by the treatments applied.

156

157 **Table 2.2** Results of Fisher's test for the parameters analyzed in the second assay, in sunflower plants at 21, 28 e
 158 35 days of salt stress.

Parameters	days		
	21	28	35
LDM (% of control)	**	**	**
SDM (% of control)	**	**	**
ShDM (% of control)	**	**	**
RWC (%)	**	**	ns
SUC (mg H ₂ O cm ⁻²)	ns	**	*
SI (mg DM cm ⁻²)	**	**	ns
EL (%)	ns	ns	ns
A (μmol CO ₂ m ⁻² s ⁻¹)	ns	ns	**
E (mmol H ₂ O m ⁻² s ⁻¹)	ns	ns	ns
gs (mol H ₂ O m ⁻² s ⁻¹)	ns	ns	ns
Ci (Pa)	ns	ns	**
A/Ci [(μmol CO ₂ m ⁻² s ⁻¹) Pa ⁻¹]	**	ns	**
A/E (μmol mmol ⁻¹)	ns	ns	ns
F_0	ns	ns	**
F_v/F_m	ns	ns	**
Y_{II}	ns	*	**
ETR	ns	*	**
Y_{NPQ}	ns	ns	**
Y_{NO}	ns	ns	**
Chl <i>a</i> (mg g ⁻¹ FM)	**	ns	ns

Chlb (mg g ⁻¹ FM)	**	ns	**
Car (mg g ⁻¹ FM)	**	ns	*

159 *, ** Significant at $p \leq 0.05$ and $p \leq 0.01$, respectively; ns, not significant. LDM (leaf dry mass), SDM (stem dry
 160 mass), ShDM (shoot dry mass), RWC (relative water content), SUC (leaf succulence), SI (sclerophylly index) EL
 161 (electrolyte leakage), A (CO₂ assimilation rate), E (transpiration rate), gs (stomatal conductance), Ci (intercellular
 162 CO₂ partial pressure), A/Ci (instantaneous carboxylation efficiency), A/E (instantaneous water use efficiency), F₀
 163 (minimal fluorescence), F_v/F_m (maximum yield quantum of PSII), Y_{II} (quantum yield of photochemical quenching
 164 in PSII), ETR (electron transport rate), Y_{NPQ} (quantum yield of regulated non-photochemical quenching in PSII),
 165 Y_{NO} (quantum yield of non-regulated non-photochemical quenching in PSII), Chla (chlorophyll *a* content), Chlb
 166 (chlorophyll *b* content), Car (carotenoids content).

167
 168 Salinity significantly reduced the relative biomass production of sunflower plants in all evaluated periods
 169 (Table 2.3). However, this effect was less pronounced in plants whose seeds were primed with H₂O₂. It is important
 170 to note in this table that, regardless of the harvest time, the relative productions of LDM, SDM and ShDM in T5
 171 and T8 treatments were, on average, twice the value observed in T2 (salt control) (Table 2.3).

172
 173 **Table 2.3** Effect of salt stress and H₂O₂ seeds priming of on the dry mass (% control) of leaf (LDM), stem (SDM)
 174 and shoot (ShDM) of sunflowers plants in nutrient solution, at 21, 28 and 35 days of cultivation.

Dry mass	Treatments				
	T2	T5	T6	T8	T11
% control (21 days)					
Leaf	27.8 b	51.0 a	32.3 b	47.5 a	46.5 a
Stem	29.0 c	64.0 a	43.0 b	41.0 b	44.0 b
Shoot	28.2 b	55.4 a	35.9 b	45.3 a	45.6 a
% control (28 days)					
Leaf	10.3 b	25.5 a	26.8 a	27.9 a	21.0 a
Stem	11.1 b	18.1 a	12.8 b	22.4 a	18.1 a
Shoot	10.6 b	22.4 a	21.9 a	25.5 a	19.8 a
% control (35 days)					
Leaf	18.4 b	35.1 a	30.5 a	31.0 a	27.2 a
Stem	18.2 c	35.0 a	28.3 b	32.8 a	26.0 b
Shoot	18.3 b	35.1 a	29.5 a	31.9 a	26.6 a

175 Mean of four replicates. Means followed by the same letter, in lines, are not statistically different by Scott-Knott's
 176 test. ($p \leq 0.05$). Treatments: T2 - salt control (presence of 100 mM NaCl and absence of H₂O₂); T5 - 10 mM H₂O₂

177 (12 h) + (100 mM NaCl); T6 - 100 mM H₂O₂ (12 h) + (100 mM NaCl); T8 - 1 mM H₂O₂ (24 h) + (100 mM NaCl);
 178 T11 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl).

179

180 Salt stress significantly reduced RWC at 21 (Table 2.4) and 28 (Table 2.5) days after sowing. It can be
 181 observed in these tables that the salt stress treatments did not differ, but the mean reduction of RWC was more
 182 pronounced at 28 days (22%) than at 21 days (12%).

183 In contrast, there was a trend of a salt induced SUC increase. At 28 days, in three of the five salt treatments
 184 (T2, T6 and T8) SUC was 19% higher when compared to the control treatment (Table 2.5) and, at 35 days, all salt
 185 treatments had higher values of SUC compared to the control treatment (Table 2.6). The SI increased by about
 186 25.5% at 21 days, in all H₂O₂ seed priming treatments (Table 2.4). However, at 28 days, such increase was only
 187 observed in the treatments T2 (14%) and T8 (24%) (Table 2.5).

188

189 **Table 2.4** Effect of salt stress and H₂O₂ seeds priming on the relative water content (RWC, %), sclerophylly index
 190 (SI, mg DM cm⁻²), instantaneous carboxylation efficiency [(A/Ci, μmol CO₂ m⁻² s⁻¹) Pa⁻¹], chlorophyll *a* content
 191 (Chl*a*, mg g⁻¹ FM), chlorophyll *b* content (Chl*b*, mg g⁻¹ FM) e carotenoids content (Car, mg g⁻¹ FM) of sunflower
 192 plants at 21 days of salt stress.

Parameters	Treatments					
	T1	T2	T5	T6	T8	T11
RWC	65.0 ^a	59.2 ^b (-9)	56.6 ^b (-13)	55.8 ^b (-14)	55.8 ^b (-14)	58.0 ^b (-11)
SI	3.07 ^b	2.86 ^b (-7)	3.75 ^a (+22)	3.88 ^a (+26)	3.82 ^a (+24)	4.00 ^a (+30)
A/Ci	1.19 ^a	1.04 ^b (-13)	1.11 ^b (-7)	1.09 ^b (-8)	1.05 ^b (-12)	1.07 ^b (-10)
Chl <i>a</i>	1.21 ^b	0.99 ^c (-18)	1.30 ^a (+7)	1.18 ^b (-2)	1.32 ^a (+9)	1.19 ^b (-2)
Chl <i>b</i>	0.34 ^b	0.29 ^c (-15)	0.41 ^a (+21)	0.35 ^b (+3)	0.40 ^a (+18)	0.36 ^b (+6)
Car	0.35 ^a	0.29 ^b (-17)	0.36 ^a (+3)	0.34 ^a (-3)	0.38 ^a (+9)	0.36 ^a (+3)

193 Mean of four replicates. Means followed by the same letter, in lines, are not statistically different by Scott-Knott's

194 test. ($p \leq 0.05$). Values into parentheses represent the percentage increase (+) or decrease (-) compared to control.

195 Treatments: T1 - control (absence of NaCl and absence of H₂O₂); T2 - salt control (presence of 100 mM NaCl and

196 absence of H₂O₂); T5 - 10 mM H₂O₂ (12 h) + (100 mM NaCl); T6 - 100 mM H₂O₂ (12 h) + (100 mM NaCl); T8 -

197 1 mM H₂O₂ (24 h) + (100 mM NaCl); T11 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl).

198

199 CO₂ assimilation rate (A) did not differ between the control (T1) and salt control (T2) treatments at 35 days.
 200 However, in the priming treatments (T5, T6, T8 and T11), CO₂ assimilation rate was increased on average by 15
 201 and 26%, compared to plants of T1 and T2 treatments, respectively (Table 2.6).

202
 203 **Table 2.5** Effect of salt stress and H₂O₂ seeds priming on the relative water content (RWC, %), sclerophylly index
 204 (SI, mg DM cm⁻²), leaf succulence (SUC, mg H₂O cm⁻²), quantum yield of photochemical quenching in PSII (Y_{II}),
 205 electron transport rate (ETR) of sunflower plants at 28 days of salt stress.

Parameters	Treatments					
	T1	T2	T5	T6	T8	T11
RWC	72.2 ^a	59.7 ^b (-17)	56.1 ^b (-22)	53.4 ^b (-26)	57.0 ^b (-21)	56.3 ^b (-22)
SI	3.50 ^b	4.00 ^a (+14)	3.76 ^b (+7)	3.77 ^b (+8)	4.33 ^a (+24)	3.62 ^b (+3)
SUC	18.4 ^b	22.8 ^a (+24)	19.8 ^b (+8)	21.6 ^a (+17)	21.6 ^a (+17)	19.9 ^b (+8)
Y _{II}	0.53 ^a	0.54 ^a (+2)	0.50 ^b (-6)	0.56 ^a (+6)	0.54 ^a (+2)	0.49 ^b (-8)
ETR	223 ^a	228 ^a (+2)	211 ^b (-6)	233 ^a (+5)	225 ^a (+1)	205 ^b (-8)

206 Mean of four replicates. Means followed by the same letter, in lines, are not statistically different by Scott-Knott's
 207 test. ($p \leq 0.05$). Values into parentheses represent the percentage increase (+) or decrease (-) compared to control.
 208 Treatments: T1 - control (absence of NaCl and absence of H₂O₂); T2 - salt control (presence of 100 mM NaCl and
 209 absence of H₂O₂); T5 - 10 mM H₂O₂ (12 h) + (100 mM NaCl); T6 - 100 mM H₂O₂ (12 h) + (100 mM NaCl); T8 -
 210 1 mM H₂O₂ (24 h) + (100 mM NaCl); T11 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl).

211
 212 At 35 days, the salt stress increased the internal CO₂ concentration (C_i) and reduced the instantaneous
 213 carboxylation efficiency (A/C_i) only in the T2 treatment (Table 2.6). In contrast, H₂O₂ priming increased the A/C_i
 214 ratio by 17 and 38% compared to the treatments T1 and T2, respectively.

215 In the last harvest (35 days), salinity increased (11%) the values of F₀ in the T2 treatment, compared to the
 216 T1 (Table 2.6). On the other hand, compared to T1 and T2, H₂O₂ priming reduced the F₀ values by 14 and 23%,
 217 respectively. As opposed to F₀, reductions in F_v/F_m (8%), Y_{II} (22%) and ETR (23%) were observed only in plants
 218 of the T2 treatment (Table 2.6). In primed plants, F_v/F_m was not affected by salinity while Y_{II} and ETR increased
 219 on average by 11.5 and 43%, respectively, in comparison to T1 and T2 treatments.

220
 221 **Table 2.6** Effect of salt stress and H₂O₂ seeds priming on the leaf succulence (SUC, mg H₂O cm⁻²), CO₂
 222 assimilation rate (A, μmol CO₂ m⁻² s⁻¹), intercellular CO₂ partial pressure (C_i, Pa) instantaneous carboxylation
 223 efficiency [(A/C_i, μmol CO₂ m⁻² s⁻¹) Pa⁻¹], minimal fluorescence (F₀), maximum yield quantum of PSII (F_v/F_m),

224 quantum yield of photochemical quenching in PSII (Y_{II}), electron transport rate (ETR), quantum yield of regulated
 225 (Y_{NPQ}) and non-regulated (Y_{NO}) non-photochemical quenching in PSII, chlorophyll *b* content (Chl*b*, mg g⁻¹ FM)
 226 and carotenoids content (Car, mg g⁻¹ FM) of sunflower plants at 35 days of salt stress.

Parameters	Treatments					
	T1	T2	T5	T6	T8	T11
SUC	15.0 ^b	18.4 ^a (+23)	17.8 ^a (+19)	17.4 ^a (+16)	18.4 ^a (+23)	17.5 ^a (+17)
A	30.1 ^b	27.4 ^b (-9)	33.4 ^a (+11)	34.3 ^a (+14)	36.2 ^a (+20)	34.5 ^a (+15)
Ci	29.3 ^b	31.0 ^a (+6)	28.7 ^b (-2)	28.7 ^b (-2)	28.7 ^b (-2)	28.3 ^b (-3)
A/Ci	1.03 ^b	0.88 ^c (-15)	1.18 ^a (+15)	1.18 ^a (+15)	1.27 ^a (+23)	1.21 ^a (+17)
F ₀	247 ^b	275 ^a (+11)	203 ^c (-18)	219 ^c (-12)	214 ^c (-14)	211 ^c (-15)
F _v /F _m	0.73 ^a	0.67 ^b (-8)	0.79 ^a (+8)	0.77 ^a (+5)	0.77 ^a (+5)	0.79 ^a (+8)
Y_{II}	0.50 ^b	0.39 ^c (-22)	0.56 ^a (+12)	0.56 ^a (+12)	0.55 ^a (+10)	0.56 ^a (+12)
ETR	211 ^b	163 ^c (-23)	235 ^a (+12)	235 ^a (+12)	233 ^a (+11)	236 ^a (+12)
Y_{NPQ}	0.27 ^b	0.33 ^a (+22)	0.26 ^b (-4)	0.25 ^b (-7)	0.25 ^b (-7)	0.26 ^b (-4)
Y_{NO}	0.23 ^b	0.28 ^a (+22)	0.18 ^c (-22)	0.19 ^c (-17)	0.19 ^c (-17)	0.18 ^c (-22)
Chl <i>b</i>	0.87 ^a	0.56 ^b (-36)	0.95 ^a (+9)	1.03 ^a (+18)	0.87 ^a (0)	0.98 ^a (+13)
Car	0.38 ^b	0.50 ^a (+32)	0.31 ^b (-18)	0.34 ^b (-11)	0.36 ^b (-5)	0.32 ^b (-16)

227 Mean of four replicates. Means followed by the same letter, in lines, are not statistically different by Scott-Knott's
 228 test. ($p \leq 0.05$). Values into parentheses represent the percentage increase (+) or decrease (-) compared to control.
 229 Treatments: T1 - control (absence of NaCl and absence of H₂O₂); T2 - salt control (presence of 100 mM NaCl and
 230 absence of H₂O₂); T5 - 10 mM H₂O₂ (12 h) + (100 mM NaCl); T6 - 100 mM H₂O₂ (12 h) + (100 mM NaCl); T8 -
 231 1 mM H₂O₂ (24 h) + (100 mM NaCl); T11 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl).

232
 233 At 35 days, the salt stress increased by 22% the quantum yield of regulated (Y_{NPQ}) and non-regulated (Y_{NO})
 234 non-photochemical quenching in PSII, only in the T2 treatment (Table 2.6). By contrast, in primed plants, the Y_{NO}
 235 was on average 20 and 34% lower than that observed in the treatments T1 and T2, respectively.

236 At 21 days, the salt stress reduced the contents of Chl*a* (18%), Chl*b* (15%) and Car (17%) only in the T2
 237 treatment (Table 2.4). On the other hand, in the treatments T5 and T8, the contents of Chl*a* and Chl*b* were higher
 238 than in the treatments T1 (8 and 19%) and T2 (32 and 39%), respectively. At 35 days, there was a reduction of
 239 36% in Chl*b* and an increase of 32% in Car in the T2 treatment (Table 2.6).

240

241 4. Discussion

242 In both experiments the results showed that, under salt stress conditions, there is a reduction in the growth
243 and dry mass production of plants, probably caused by disorders in the physiological and biochemical processes
244 (Hasegawa 2013). However, H₂O₂ seed priming attenuated the deleterious effects of salinity, increasing salt
245 tolerance and improving the growth of sunflower plants under stress conditions (Hossain et al. 2015).

246 In a more detailed manner, the second assay allowed to observe the parameters most affected by salt stress.
247 The absence of stomatal limitation associated with the reduction in carboxylation efficiency (A/C_i) in the T2
248 treatment suggests that the reduction of growth is associated, at least in part, with a partial inactivation of the
249 Rubisco activity and/or its degradation (Parry et al. 2008). The observation that plants of the priming treatments
250 had higher A/C_i and higher growth than those of the T2 treatment supports this hypothesis. Silva et al. (2011)
251 observed a significant reduction in the A/C_i of *Jatropha curcas* plants cultivated under 100 mM of NaCl and
252 associated these results with a possible Rubisco inactivation. In a test with different cowpea genotypes, Andrade
253 et al. (2018) also verified a strong salt-induced reduction in A/C_i ratio.

254 In plants that were stressed and not primed with H₂O₂ (T2), there were increases in the F_0 , Y_{NPQ} and Y_{NO} ,
255 and reduction in the F_v/F_m , Y_{II} and ETR. Thus, the results of chlorophyll *a* fluorescence indicated the occurrence
256 of damage to the photosynthetic apparatus (Li et al. 2010).

257 Plants of the T2 treatment also showed a decrease of chlorophylls (Chl*a* and Chl*b*) content and increase of
258 carotenoids (Car) content. Chlorophylls are the main pigments responsible for the capture of light energy and,
259 under salt stress, photosynthesis may be reduced due to inhibition of biosynthesis or increased degradation of these
260 pigments (Pak et al. 2009). Carotenoids are integral constituents of the thylakoid membranes, acting as accessory
261 pigments in the capture of light and as photoprotective agents in the dissipation of excess absorbed light (Baroli et
262 al. 2003). Thus, while chlorophylls are related to the phenomena of capturing, transferring and converting light
263 energy into chemical energy (evaluated by F_0 , F_v/F_m , Y_{II} and ETR), carotenoids are mainly related to the dissipation
264 of energy (evaluated by Y_{NPQ} and Y_{NO}). Taken together, the results of chlorophyll *a* fluorescence, the reduction in
265 chlorophylls content and the increase in Car content support the occurrence of salt-induced damage to the
266 photosynthetic apparatus of plants grown from H₂O₂ non-primed seeds (Klughammer and Schreiber 2008).

267 In contrast to the results observed in T2, the plants of all treatments whose seeds were primed with H₂O₂
268 showed normal values of chlorophyll fluorescence parameters and pigments content. These results suggest that the
269 absence of damage to the photosynthetic apparatus may, at least partly, explain the greater salt tolerance observed
270 in the H₂O₂ seed priming treatments.

271 These results also indicate that, for the induction of salt tolerance, the higher the concentration of H₂O₂, the
272 shorter the period required for seeds imbibition. This result can be related to the fact that H₂O₂ plays a dual role in
273 plants: at low concentrations, it acts as a signaling molecule triggering the responses against abiotic stresses (Niu
274 and Liao 2016) and, at high concentrations, it can cause damage and even trigger programmed cell death (Bowler
275 and Fluhr 2000).

276 Other studies also showed the beneficial effect of using different methods of H₂O₂ application in plants
277 under salt conditions: via nutrient solution in maize (Azevedo Neto et al. 2005) and basil (Silva et al. 2019), via
278 seeds in maize (Gondim et al. 2010), cotton (Santhy et al. 2014) and wheat (Wahid et al. 2007) and via leaf spraying
279 in maize (Gondim et al. 2013) and onion (Semida 2016).

280 Studies carried out with plant tissues support the idea that H₂O₂, besides being a signaling molecule, also
281 plays a pivotal role in the primary metabolism of the plants. Changes in the endogenous level of H₂O₂ may induce
282 the expression of several genes, including those that encode enzymatic and non-enzymatic antioxidant agents
283 (Neill et al. 2002; Niu and Liao 2016). Additionally, the application of H₂O₂ may increase the net CO₂ assimilation
284 rate, quantum efficiency of PSII, photosynthetic pigments content, biomass accumulation and formation of
285 adventitious roots (Gondim et al. 2013; Farouk and Abdul Qados 2018).

286

287 **5. Conclusions**

288 Our results allowed concluding that H₂O₂ seed priming mitigate the deleterious effects of salt stress on
289 sunflower plants, especially at the concentration of 10 mM H₂O₂ during 12 h and 1 mM H₂O₂ during 24 h.

290 Taken together, the results of CO₂ assimilation, Chl_a fluorescence, and photosynthetic pigments content
291 indicate that the H₂O₂ seed priming promotes an increase in photosynthetic efficiency in stressed plants inducing
292 an increase in salt tolerance.

293

294 **Declaration of interest**

295 The authors report no conflicts of interest. All authors are responsible for the content and writing of this
296 manuscript.

297

298 **Contributions**

299 Petterson Costa Conceição Silva, André Dias de Azevedo Neto, Hans Raj Gheyi and Alide Mitsue
300 Watanabe Cova contributed to write the manuscript. Petterson Costa Conceição Silva, André Dias de Azevedo

301 Neto, Hans Raj Gheyi designed the study and analyzed the data. Petterson Costa Conceição Silva, Rogério Ferreira
302 Ribas and Caroline Rastely dos Reis Silva played a key role in conduction of the experiments and data acquisition.
303 All authors have read and approved the final manuscript.

304

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310

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3. CHAPTER 3

Hydrogen peroxide priming reduces Na⁺ and Cl⁻ content in leaves and induces salt tolerance in sunflower plants³

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2 Hydrogen peroxide priming reduces Na⁺ and Cl⁻ content in leaves and induces salt tolerance in sunflower plants

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24 Hydrogen peroxide seed priming reduces Na⁺ and Cl⁻ contents in leaves and improves salt-tolerance in sunflower
25 plants

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H₂O₂ priming induces salt tolerance in sunflower

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39 **Key words:** cross-tolerance / *Helianthus annuus* L. / H₂O₂ / ion homeostasis / salt stress / solutes accumulation.

40

41 **Abstract:**

42 Several studies show that priming with hydrogen peroxide (H_2O_2) can trigger a series of physiological mechanisms
43 and increase plant tolerance to salt stress. However, we observed that many of these mechanisms have not yet been
44 fully clarified. Thus, this study aimed to evaluate the changes in the balance of inorganic and organic solutes
45 induced by seed priming with H_2O_2 in leaves and roots of sunflower plants grown under salt stress. In this study,
46 six treatments were tested: T1 - control (absence of NaCl and absence of H_2O_2); T2 - salt control (presence of 100
47 mM NaCl and absence of H_2O_2); T3 - 10 mM H_2O_2 (12 h) + (100 mM NaCl); T4 - 100 mM H_2O_2 (12 h) + (100
48 mM NaCl); T5 - 1 mM H_2O_2 (24 h) + (100 mM NaCl); T6 - 0.1 mM H_2O_2 (36 h) + (100 mM NaCl). The results
49 showed that salt stress significantly restricted plant growth. However, priming with H_2O_2 was able to reduce the
50 transport of Na^+ and Cl^- ions to the leaves, increase the absorption of K^+ and NO_3^- and consequently improve plant
51 tolerance to salt stress.

52 **1 Introduction**

53 Soil salinization is considered one of the main causes of soil degradation, making it unfit for the cultivation of
54 crops due to the reduction in crop growth and yield (Hossain, 2019). Current data show that around 1125 million
55 hectares of soils in the world are affected by salts (Hossain, 2019).

56 High salt concentrations in irrigation water or soil solution can lead to a series of morphological, physiological
57 and biochemical changes in plants (Parida and Das, 2005; Azevedo Neto et al., 2009). These effects of salinity can
58 be divided into two phases: an osmotic phase, continuous, which reduces water absorption by plants due to reduced
59 water potential in the rhizosphere; and an ionic phase, slower, resulting from the accumulation of specific ions
60 over time, leading to ion toxicity and/or nutritional imbalance (Munns and Tester, 2008).

61 Under salt stress, plasma membrane components regulate the absorption and transport of toxic ions, playing an
62 important role in maintaining ion homeostasis in the cytosol (Gupta and Huang, 2014). Under saline conditions,
63 nutritional disorders related mainly to the increase in the absorption of Na^+ and Cl^- ions and decrease in K^+/Na^+
64 and/or $\text{NO}_3^-/\text{Cl}^-$ ratios usually occur, which can lead to disturbances in cellular metabolism (Rodrigues et al., 2013;
65 Li et al., 2017).

66 Under stress, plants can accumulate low-molar-mass organic molecules (carbohydrates, amino acids, betaines,
67 etc.), in order to contribute to the maintenance of osmotic and ion homeostasis and stabilization of proteins and
68 other macromolecules (Azevedo Neto et al., 2009). However, to ensure the accumulation of these solutes, the
69 energy cost needed can compromise plant growth (Fricke, 2019).

70 In the last decade, some chemical primers, such as hydrogen peroxide (H_2O_2), have been used to induce plant
71 acclimation to different stress conditions (Niu and Liao, 2016; Wang et al., 2018). H_2O_2 is known as a reactive
72 oxygen species (ROS), potentially toxic and capable of causing damage to cellular structures. However, at low
73 concentrations, H_2O_2 may play a key role as a signaling molecule, modulating the expression of genes involved in
74 ROS control, signal transduction, transcriptional regulation and metabolism of proteins, carbohydrates and lipids.
75 Additionally, H_2O_2 can assist in the flow of solutes and nutrients, contributing to the increase in plant tolerance to
76 the stress condition (Li et al., 2011; Hossain et al., 2015; Niu and Liao, 2016).

77 Although there are many studies reporting the accumulation of solutes as a mechanism for plant acclimation to
78 salt stress, there is still little effective evidence about the capacity of priming with H_2O_2 to induce plant tolerance
79 through the synthesis and/or accumulation of organic and inorganic solutes in plants. In this context, our study
80 aimed to test the hypothesis that the priming of sunflower seeds with H_2O_2 can cause changes in the accumulation
81 of organic and inorganic solutes and increase plant tolerance to salt stress.

82

83 **2 Material and methods**

84 **2.1 Growth conditions and treatments**

85 The experiment was conducted at the Universidade Federal do Recôncavo da Bahia (UFRB) in Cruz das Almas –
86 BA, Brazil, using seeds of sunflower (Agrobel 975 genotype) obtained from CEAPAR Representação S/C Ltda.

87 The seeds were placed to germinate in Petri dishes (20 seeds/dish), placed in filter paper sheets and kept in a
88 germination chamber at 25 °C.

89 From previous tests, using seeds soaked for 12, 24 and 36 hours at different concentrations of H₂O₂ (0.1, 1, 10 and
90 100 mM), the four combinations which promoted the best acclimation of plants to salt stress (data not shown) were
91 selected. After the soaking period, the seedlings were transferred to polyethylene pots containing 15 L of nutrient
92 solution (Furlani, 1997) + 100 mM NaCl, except in the control treatment.

93 For the present study, the established treatments were: T1 - control (absence of H₂O₂ and absence of NaCl); T2 -
94 salt control (absence of H₂O₂ and presence of 100 mM of NaCl); T3 - 10 mM of H₂O₂ (12 h), T4 - 100 mM of
95 H₂O₂ (12 h), T4 - 1 mM of H₂O₂ (24 h); and T5 - 0.1 mM of H₂O₂ (36 h). Harvests were performed out weekly at
96 21, 28 and 35 days.

97 In each harvest, approximately 1.0 g of samples of the first fully expanded leaf and the younger third of the root
98 system were immediately frozen and freeze-dried to determine the contents of inorganic and organic solutes.
99 Subsequently, the harvested plants were divided into leaves and stem, dried in an oven at 65 °C for 72 h and
100 weighed on analytical scale to quantify leaf dry mass (LDM) and stem dry mass (SDM). These data were used to
101 obtain shoot dry mass (ShDM).

102

103 **2.2 Determination of inorganic solutes**

104 For determination of contents of sodium (Na⁺), potassium (K⁺), chloride (Cl⁻), nitrate (NO₃⁻) and ammonium
105 (NH₄⁺), extracts from leaf and root samples were prepared in deionized water following the methodology described
106 by Gondim et al. (2011).

107 Na⁺ and K⁺ contents were determined in a Q498M2 flame photometer (Quimis Aparelhos Científicos Ltda,
108 Diadema, SP, BR), as described by Faithfull (2002). Cl⁻, NO₃⁻ and NH₄⁺ contents were determined in a 2000 UV
109 spectrophotometer (Bel Engineering, Piracicaba, SP, BR), following the methodologies described by Gaines et al.
110 (1984), Cataldo et al. (1975), Weatherburn (1967), respectively.

111

112 **2.3 Determination of organic solutes**

113 For determination of contents of soluble carbohydrates, free amino acids, free proline and soluble proteins, extracts
114 from leaf and root samples were prepared in buffer solution (100 mM potassium phosphate, pH 7.0, 0.1 mM
115 EDTA) following the methodology described by Azevedo Neto et al. (2009).

116 Soluble carbohydrate content was determined at 490 nm, by the phenol-sulfuric acid method (Dubois et al., 1956).
117 Free amino acids were determined at 570 nm by the ninhydrin method (Yemm and Cocking, 1995). Free proline
118 content was determined by the acid ninhydrin method at 520 nm (Bates et al., 1973). Soluble proteins were
119 determined at 595 nm by the protein-dye binding method (Bradford 1976), using bovine albumin as standard.

120 The experimental design was in randomized blocks, with four repetitions. The data were tested for normality
121 (Shapiro-Wilk test) and then subjected to analysis of variance (ANOVA). The results of dry mass were transformed
122 (Log_{10}) and subjected to principal component analysis (PCA) using the program SigmaPlot (SigmaPlot 14.0, Systat
123 Software Inc. San Jose, CA, USA). The results of solute contents were normalized to create the graph of general
124 representation and compared by the Scott-Knott test ($p \leq 0.05$), using the SigmaPlot program (SigmaPlot 14.0,
125 Systat Software Inc. San Jose, CA, USA).

126

127 **2.4 Experimental design and statistical analysis**

128 The experimental design was in randomized blocks, with four repetitions. The data were tested for normality
129 (Shapiro-Wilk test) and then subjected to analysis of variance (ANOVA). The results of dry mass were transformed
130 (Log_{10}) and subjected to principal component analysis (PCA) using the program SigmaPlot (SigmaPlot 14.0, Systat
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132 representation and compared by the Scott-Knott test ($p \leq 0.05$), using the SigmaPlot program (SigmaPlot 14.0,
133 Systat Software Inc. San Jose, CA, USA).

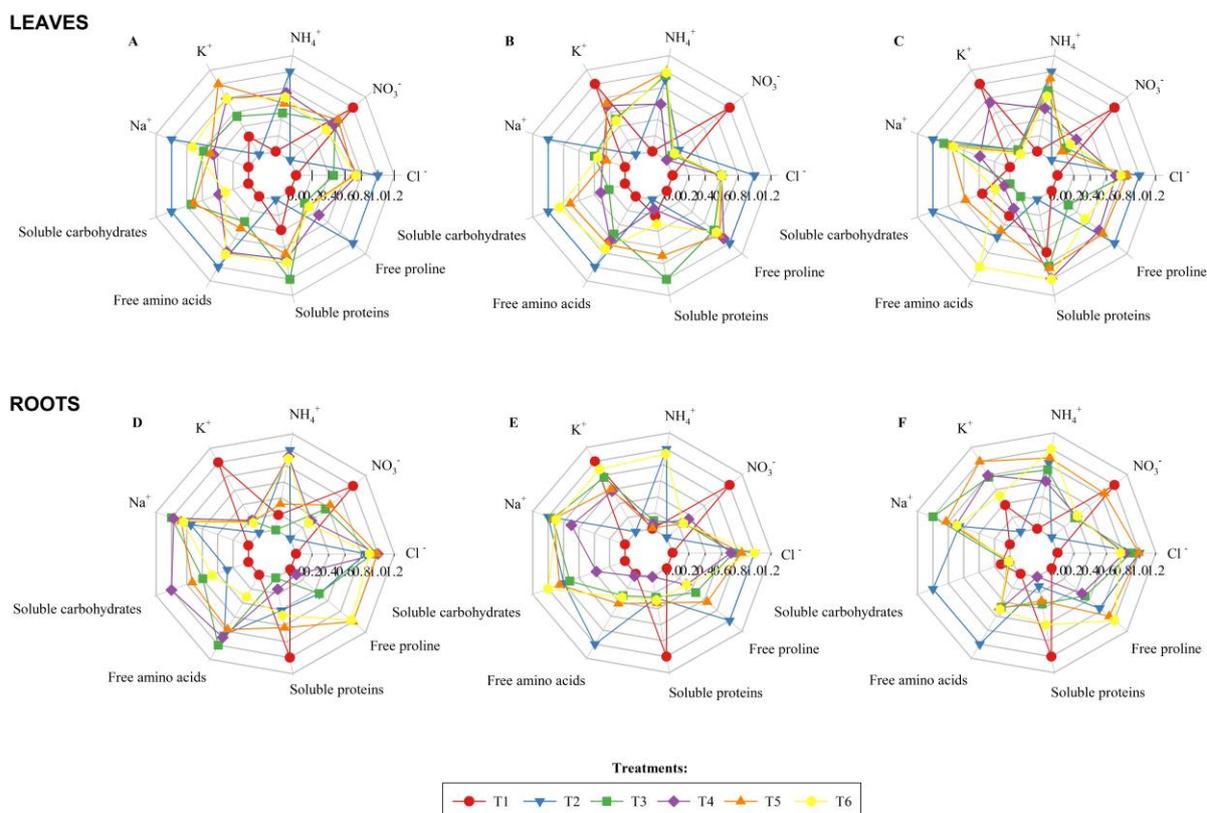
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135 **3 Results**

136 The radar graph (Fig. 3.1) shows an overview of the differences caused by salt stress and priming of seeds with
137 H_2O_2 in the contents of organic and inorganic solutes in leaves and roots of sunflower plants grown under salt
138 stress. In general, plants under salt stress (T2 to T6) showed lower NO_3^- content and higher contents of Na^+ , Cl^- ,
139 NH_4^+ , soluble carbohydrates, free amino acids and free proline in leaves and roots, compared to the plants of the
140 control treatment (T1). By comparing the treatments of salt stress, it can be observed that the leaves and roots of

141 plants primed with H₂O₂ (T3 to T6) had higher concentrations of K⁺ and NO₃⁻ when compared to those of the T2
 142 treatment (salt control).

143



144

145 **Fig. 3.1** Overall representation of the chemical and biochemical responses of leaves and roots of sunflower plants
 146 under salt stress and H₂O₂ seed priming, at 21 (A and D), 28 (B and E) and 35 (C and F) days of cultivation in
 147 nutrient solution. Treatments: T1 - control (absence of NaCl and absence of H₂O₂); T2 - salt control (presence of
 148 100 mM NaCl and absence of H₂O₂); T3 - 10 mM H₂O₂ (12 h) + 100 mM NaCl; T4 - 100 mM H₂O₂ (12 h) + 100
 149 mM NaCl; T5 - 1 mM H₂O₂ (24 h) + 100 mM NaCl; T6 - 0.1 mM H₂O₂ (36 h) + 100 mM NaCl.

150

151 In Table 3.1, the results show that the leaf concentrations of Na⁺ and Cl⁻ in plants of the T2 treatment were,
 152 respectively, 37-fold and 8-fold (21 days), 22-fold and 5-fold (28 days) and 19-fold and 2.5-fold (35 days) higher
 153 than those found in control plants (T1). However, under salt stress, the contents of Na⁺ and Cl⁻ at 21, 28 and 35
 154 days in the leaves of primed plants (T3 to T6) were, respectively, 66, 30 and 41% (Na⁺) and 35, 17 and 20% (Cl⁻)
 155 lower than in the T2 treatment.

156 At 21 and 28 days, the salt stress reduced the leaf content of NO₃⁻ by 44% and increased the NH₄⁺ content by 141%
 157 in all salt treatments. At 35 days, salinity reduced the contents of NO₃⁻ by 38% and increased the contents of NH₄⁺

158 by 372% in the T2 treatment. But, in treatments whose seeds were primed with H₂O₂, salinity did not affect NO₃⁻
 159 content, and the NH₄⁺ concentrations were 30% lower than those observed in the T2 treatment.

160

161 **Table 3.1** Effect of salt stress and H₂O₂ priming of seed on contents of inorganic and organic in leaves of sunflower
 162 plants cultivated in nutrient solution, at 21, 28 and 35 days.

163

Solutes	Treatments					
	T1	T2	T1	T4	T1	T6
	1 st harvest (21 days)					
Cl ⁻ (μmol g ⁻¹ DM)	7.41 c	58.97 a	38.14 b	38.17 b	38.36 b	38.36 b
NO ₃ ⁻ (μmol g ⁻¹ DM)	101.2 a	61.76 b	56.53 b	52.41 b	58.04 b	58.46 b
NH ₄ ⁺ (μmol g ⁻¹ DM)	32.56 c	82.17 a	84.97 a	65.11 b	87.44 a	86.78 a
K ⁺ (mmol g ⁻¹ DM)	1.02 a	0.56 b	0.79 a	0.88 a	0.89 a	0.78 a
Na ⁺ (mmol g ⁻¹ DM)	0.03 d	1.11 a	0.46 b	0.34 c	0.29 c	0.41 b
Soluble carbohydrates (μmol g ⁻¹ DM)	97.6 b	122.6 a	102.8 b	105.5 b	115.4 a	118.9 a
Free amino acids (μmol g ⁻¹ DM)	12.58 c	67.93 a	42.18 b	47.15 b	50.40 b	53.99 b
Soluble proteins (mg g ⁻¹ DM)	3.56 b	2.58 b	7.31 a	3.16 b	5.91 a	4.05 b
Free proline (μmol g ⁻¹ DM)	0.40 b	1.16 a	0.97 a	1.09 a	1.04 a	1.00 a
	2 nd harvest (28 days)					
Cl ⁻ (μmol g ⁻¹ DM)	7.39 c	37.59 a	32.30 b	28.96 b	33.00 b	30.71 b
NO ₃ ⁻ (μmol g ⁻¹ DM)	94.49 a	40.97 b	53.07 b	61.90 b	49.74 b	56.79 b
NH ₄ ⁺ (μmol g ⁻¹ DM)	24.90 c	67.08 a	57.04 b	47.68 b	63.55 a	54.01 b
K ⁺ (mmol g ⁻¹ DM)	0.90 a	0.61 c	0.61 c	0.82 b	0.60 c	0.59 c
Na ⁺ (mmol g ⁻¹ DM)	0.03 e	0.67 a	0.58 b	0.28 d	0.52 c	0.50 c
Soluble carbohydrates (μmol g ⁻¹ DM)	128.3 c	193.4 a	92.1 d	99.8 d	150.5 b	111.4 c
Free amino acids (μmol g ⁻¹ DM)	24.69 c	30.65 b	19.14 c	22.57 c	28.77 b	39.12 a
Soluble proteins (mg g ⁻¹ DM)	3.15 a	2.54 b	3.31 a	3.45 a	3.33 a	3.46 a
Free proline (μmol g ⁻¹ DM)	0.51 b	1.00 a	0.64 b	0.88 a	0.91 a	0.77 a
	3 rd harvest (35 days)					

Cl ⁻ (μmol g ⁻¹ DM)	9.23 d	23.20 a	15.62 c	19.63 b	19.10 b	19.47 b
NO ₃ ⁻ (μmol g ⁻¹ DM)	52.41 a	32.72 b	46.89 a	46.20 a	47.76 a	44.04 a
NH ₄ ⁺ (μmol g ⁻¹ DM)	11.70 c	55.25 a	32.63 b	43.56 b	37.87 b	41.22 b
K ⁺ (mmol g ⁻¹ DM)	0.55 b	0.49 b	0.62 a	0.68 a	0.73 a	0.68 a
Na ⁺ (mmol g ⁻¹ DM)	0.03 d	0.58 a	0.35 c	0.28 c	0.30 c	0.43 b
Soluble carbohydrates (μmol g ⁻¹ DM)	140.5 b	198.6 a	183.5 a	162.7 b	181.6 a	157.9 b
Free amino acids (μmol g ⁻¹ DM)	15.42 c	36.09 a	22.80 b	31.75 a	24.77 b	32.42 a
Soluble proteins (mg g ⁻¹ DM)	2.74 b	1.93 c	4.04 a	3.51 a	3.37 a	3.59 a
Free proline (μmol g ⁻¹ DM)	0.42 c	1.12 a	0.58 b	0.74 b	0.62 b	0.63 b

164 Mean of four repetitions. Means followed by the same letter, in lines do not differ statistically by Scott-Knott's
 165 test. ($p \leq 0.05$). Treatments: T1 - control (absence of NaCl and absence of H₂O₂); T2 - salt control (presence of 100
 166 mM NaCl and absence of H₂O₂); T3 - 10 mM H₂O₂ (12 h) + (100 mM NaCl); T4 - 100 mM H₂O₂ (12 h) + (100
 167 mM NaCl); T5 - 1 mM H₂O₂ (24 h) + (100 mM NaCl); T6 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl).

168
 169 Considering the mean of the evaluated periods (21, 28 and 35 days), salinity in the T2 treatment increased the leaf
 170 contents of soluble carbohydrates, free amino acids and free proline by 40, 199 and 151%, respectively, and
 171 decreased the contents of soluble proteins by 26%, compared to the T1 treatment (Table 3.1). On the other hand,
 172 the priming of seeds with H₂O₂ (except T4 and T6 at 21 days) significantly increased the leaf contents of soluble
 173 proteins at 21 (156%), 28 (33%) and 35 days (88%) compared to the T2 treatment. It can also be observed in Table
 174 2 that the free proline contents in the leaves of stressed plants (T2 to T6) at 21 and 28 days were similar. However,
 175 at 35 days, the free proline contents in the leaves of plants primed with H₂O₂ was 43% lower than in the T2
 176 treatment.

177 For all periods evaluated (21, 28 and 35 days), salinity increased the contents of Na⁺, Cl⁻ and NH₄⁺ in the roots on
 178 average 367, 295 and 101%, compared to those of plants in the T1 treatment (Table 3.2). Substantial differences
 179 in the contents of these ions were not observed between salt treatments. In contrast, salt stress reduced the NO₃⁻
 180 content in the roots, and this effect was more pronounced on unprimed plants. Thus, the NO₃⁻ contents in the roots
 181 of plants primed with H₂O₂ (T3 to T6) were about 58% higher than those observed in the roots of plants in T2
 182 (Table 3.2). In all evaluations, K⁺ content was reduced by about 48% in the T2 treatment. However, at 28 and 35
 183 days, the priming of seeds with H₂O₂ increased the K⁺ content in sunflower roots by about 71%, in comparison to
 184 the values observed in the T2 treatment.

185 **Table 3.2** Effect of salt stress and H₂O₂ priming of seed on inorganic and organic solutes content in roots of
 186 sunflower plants cultivated in nutrient solution, at 21, 28 and 35 days.

Solutes	Treatments					
	T1	T2	T1	T4	T1	T6
	1 st harvest (21 days)					
Cl ⁻ (μmol g ⁻¹ DM)	14.08 b	54.07 a	57.99 a	61.12 a	60.67 a	56.35 a
NO ₃ ⁻ (μmol g ⁻¹ DM)	114.17 a	40.24 d	81.72 b	64.71 c	87.16 b	61.85 c
NH ₄ ⁺ (μmol g ⁻¹ DM)	59.95 b	77.08 a	56.04 b	75.33 a	62.84 b	74.77 a
K ⁺ (mmol g ⁻¹ DM)	1.97 a	0.62 b	0.85 b	0.86 b	0.83 b	0.81 b
Na ⁺ (mmol g ⁻¹ DM)	0.23 b	1.00 a	1.26 a	1.23 a	1.13 a	1.10 a
Soluble carbohydrates (μmol g ⁻¹ DM)	281.3 c	333.2 c	394.4 b	472.2 a	420.4 b	371.5 b
Free amino acids (μmol g ⁻¹ DM)	75.80 b	99.63 a	103.8 a	100.7 a	97.46 a	84.54 b
Soluble proteins (mg g ⁻¹ DM)	4.24 a	3.12 b	2.35 b	2.62 b	3.53 a	3.24 b
Free proline (μmol g ⁻¹ DM)	3.88 c	4.84 b	4.84 b	4.08 c	5.96 a	5.90 a
2 nd harvest (28 days)						
Cl ⁻ (μmol g ⁻¹ DM)	15.71 b	75.31 a	61.08 a	59.21 a	67.12 a	76.60 a
NO ₃ ⁻ (μmol g ⁻¹ DM)	81.49 a	38.59 c	50.25 b	53.41 b	50.10 b	49.94 b
NH ₄ ⁺ (μmol g ⁻¹ DM)	38.76 b	63.38 a	41.25 b	40.23 b	38.99 b	61.86 a
K ⁺ (mmol g ⁻¹ DM)	1.43 a	0.72 b	1.27 a	1.13 a	1.15 a	1.35 a
Na ⁺ (mmol g ⁻¹ DM)	0.16 c	1.12 a	1.06 a	0.83 b	1.05 a	1.02 a
Soluble carbohydrates (μmol g ⁻¹ DM)	231.5 d	448.7 b	427.9 b	333.3 c	464.0 b	504.6 a
Free amino acids (μmol g ⁻¹ DM)	89.61 c	207.1 a	126.2 b	93.2 c	139.3 b	128.8 b
Soluble proteins (mg g ⁻¹ DM)	4.43 a	2.55 b	2.53 b	1.87 c	2.71 b	2.62 b
Free proline (μmol g ⁻¹ DM)	4.31 d	11.32 a	7.54 c	6.48 c	8.81 b	6.49 c
3 rd harvest (35 days)						
Cl ⁻ (μmol g ⁻¹ DM)	15.52 b	57.22 a	53.15 a	49.76 a	56.94 a	47.69 a
NO ₃ ⁻ (μmol g ⁻¹ DM)	58.2 a	26.49 c	38.16 b	39.13 b	53.10 a	39.39 b
NH ₄ ⁺ (μmol g ⁻¹ DM)	8.76 e	32.14 b	29.62 c	25.64 d	33.91 b	37.06 a
K ⁺ (mmol g ⁻¹ DM)	0.65 b	0.48 c	0.83 a	0.84 a	0.93 a	0.71 b

Na ⁺ (mmol g ⁻¹ DM)	0.43 c	1.04 b	1.36 a	1.08 b	1.20 a	1.07 b
Soluble carbohydrates (μmol g ⁻¹ DM)	307.4 b	775.0 a	259.5 c	254.0 c	245.3 c	252.6 c
Free amino acids (μmol g ⁻¹ DM)	45.27 b	170.9 a	104.8 b	109.1 b	106.2 b	108.8 b
Soluble proteins (mg g ⁻¹ DM)	3.52 a	2.24 c	2.56 c	2.07 c	2.51 c	2.94 b
Free proline (μmol g ⁻¹ DM)	3.66 d	9.51 b	7.71 c	7.36 c	10.69 a	11.33 a

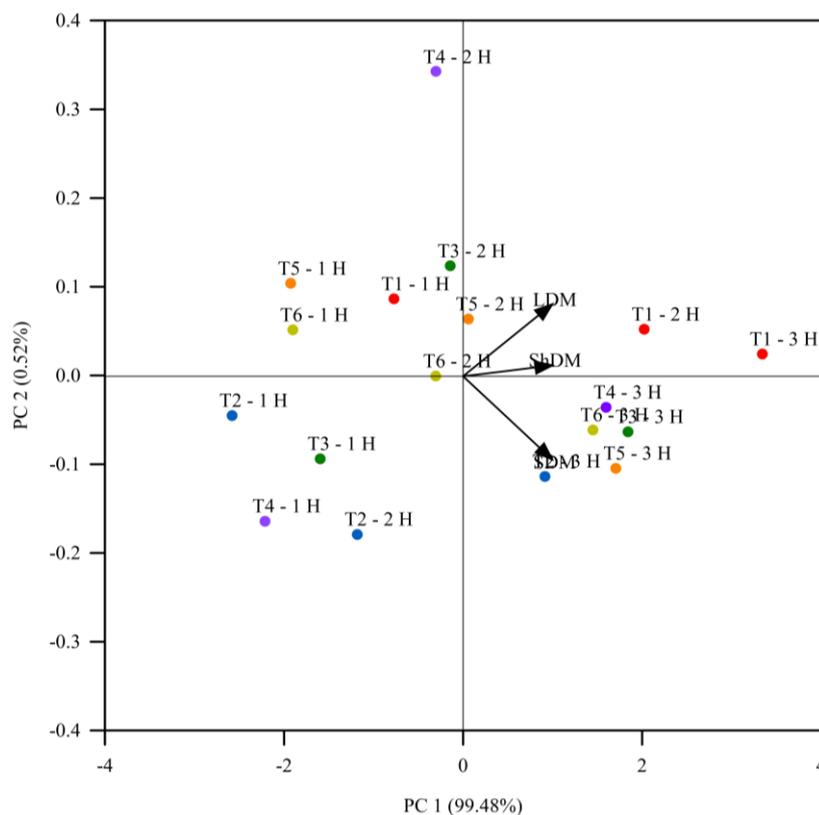
187 Mean of four repetitions. Means followed by the same letter, in lines, do not differ statistically by Scott-Knott's
 188 test ($p \leq 0.05$). Treatments: T1 - control (absence of NaCl and absence of H₂O₂); T2 - salt control (presence of 100
 189 mM NaCl and absence of H₂O₂); T3 - 10 mM H₂O₂ (12 h) + (100 mM NaCl); T4 - 100 mM H₂O₂ (12 h) + (100
 190 mM NaCl); T5 - 1 mM H₂O₂ (24 h) + (100 mM NaCl); T6 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl).

191
 192 Among the organic solutes of the root, the most consistent responses were observed in the contents of soluble
 193 proteins, amino acids and free proline. At 21, 28 and 35 days, the contents of soluble proteins in salt treatments
 194 decreased by 30, 45 and 30% and the contents of free proline increased by 32, 89 and 155%, respectively, compared
 195 to those of the T1 treatment (Table 3.2). However, no consistent differences were observed between the seed
 196 priming treatments (T3 to T6) and the salt control (T2).

197 As observed for proline, salinity progressively increased the content of free amino acids in the roots, but this effect
 198 was smaller in treatments T3 to T6. Thus, the priming of seeds with H₂O₂ significantly reduced the contents of
 199 free amino acids in the roots at 28 (41%) and 35 (37%), compared to the values observed in the T2 treatment.

200 The metabolic alterations caused by the priming of seeds with H₂O₂ promoted a better equilibrium in the balance
 201 of solutes and induced an increase in plant tolerance to salts, verified by the increase in dry mass yield. Through
 202 PCA, the results showed that, for growth variables, the principal component 1 (PC1) was responsible for the largest
 203 variance observed in the data (99.48%), while the principal component 2 (PC2) was responsible for only 0.52% of
 204 this variance (Fig. 3.2).

205



206
 207 **Fig. 3.2** Principal component analysis of the dry mass of leaves (LDM), stem (SDM) and shoot (ShDM) of
 208 sunflower plants under effect of salt stress and H₂O₂ seed priming, at 21, 28 and 35 days of cultivation in nutrient
 209 solution. Mean of four repetitions. T1 - control (absence of NaCl and absence of H₂O₂; T2 - salt control (presence
 210 of 100 mM NaCl and absence of H₂O₂); T3 - 10 mM H₂O₂ (12 h) + (100 mM NaCl); T4 - 100 mM H₂O₂ (12 h) +
 211 (100 mM NaCl); T5 - 1 mM H₂O₂ (24 h) + (100 mM NaCl); T6 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl). 1 H - 1st
 212 harvest (21 days), 2 H - 2nd harvest (28 days) and 3 H - 3rd harvest (35 days).

213
 214 In Table 3.3, the loads of the principal components showed a strong relationship between PC1 and the
 215 growth variables analyzed (LDM, SDM, ShDM). In Fig. 1, the position of the control treatment in PC1 in relation
 216 to the other treatments confirms that salinity strongly reduced plant growth, regardless of harvest. However, the
 217 results also show that, for each harvest, the treatments of seed priming with H₂O₂ showed higher values of LDM,
 218 SDM and ShDM when compared to plants of the salt control treatment (T2), confirming the reduction of the
 219 deleterious effect of the salt and increasing plant tolerance.

220

221 **Table 3.3** Component loadings of principal component analysis (PCA) of the dry mass of leaves (LDM), stem
 222 (SDM) and shoot (ShDM) of sunflower plants under effect of salt stress and H₂O₂ seed priming, at 21, 28 and 35
 223 days of cultivation in nutrient solution.

Component Loadings	PC1	PC2
LDM	0.997	0.081
SDM	0.996	-0.009
ShDM	1.000	0.012

225

226

227 4 Discussion

228 The presence of high Na⁺ concentrations in the cytosol causes severe ion imbalance and can cause significant
 229 physiological disorders. Therefore, the physiological mechanisms of Na⁺ exclusion from metabolically active
 230 tissues of the shoot may be responsible for increasing the tolerance of crops to salt stress (Azevedo Neto et al.,
 231 2000; Wu, 2018). Our results showed that, even with high levels of Na⁺ in the roots, sunflower plants primed with
 232 H₂O₂ showed lower Na⁺ content in the leaves. These results suggest that H₂O₂ may play a key role in inducing
 233 mechanisms of retention of Na⁺ ions in the roots, reducing the transport of these ions to leaves, thus improving
 234 plant tolerance to salt stress.

235 Some authors affirm that H₂O₂ is able to induce increase in the expression and/or activity of HKT1 (high affinity
 236 K⁺ transporter 1) Na⁺-transporter membrane proteins (Zhu et al., 2017). These proteins, under stress conditions,
 237 are responsible for both Na⁺ unloading from the xylem and Na⁺ recirculation to the phloem, significantly reducing
 238 the content of Na⁺ in the leaves, contributing to ion homeostasis and reducing negative impacts on photosynthetic
 239 organs (Rus et al., 2004; Zhu, 2016; Zhu et al., 2017).

240 The low K⁺ contents observed in the leaves and roots of plants in the T2 treatment can be attributed to the efflux
 241 of K⁺. Salt stress can induce increase in the expression and activity of membrane transporters of the types KORCs
 242 (K⁺ outward-rectifying channels) and NSCCs (non-selective cation channels), transporting K⁺ out of the cytosol
 243 and causing deficiency of this ion in the tissues (Garcia-Mata et al., 2010 Demidchik et al., 2014). In contrast, the
 244 significant increase in K⁺ content observed in plants primed with H₂O₂ reinforces the hypothesis that the priming
 245 of seeds with H₂O₂ can act indirectly in the regulation of ion uptake (Zhang et al., 2007; Hu et al., 2016). The
 246 negative regulation of the absorption and transport of Na⁺ associated with the reduction of K⁺ losses in plants under

247 salt stress are essential mechanisms for maintaining high K^+/Na^+ proportions in tissues, giving greater tolerance to
248 salts (Shabala and Pottosin, 2014). Several studies have shown an increase in the H_2O_2 -induced K^+/Na^+ ratio in
249 plants under salt stress (Gondim et al., 2011; Christou et al., 2014; Silva et al., 2019).

250 As observed for Na^+ , but through mechanisms not yet clarified, priming with H_2O_2 restricted the long-distance
251 transport of Cl^- , reducing the Cl^- content in the leaves of salt-stressed sunflower plants and significantly increasing
252 the NO_3^- contents, both in leaves and roots. Some studies show the antagonistic effect between NO_3^- and Cl^- . This
253 effect occurs mainly because these two anions are monovalent, have similar ionic radius and are absorbed, in many
254 cases, by the same carrier proteins (Parihar et al., 2015; Guo, 2017). Li et al. (2017) state that the NO_3^-/Cl^- ratio in
255 shoot (similar to the K^+/Na^+ ratio) can be an important indicator of salt tolerance, since the reduction of growth is
256 directly related to the decrease in NO_3^- content and/or increase in Cl^- content. Our results, corroborate with results
257 obtained by Wahid et al. (2007) that the priming of wheat seeds with H_2O_2 significantly increased the contents of
258 K^+ and NO_3^- and reduced the contents of Na^+ and Cl^- in the shoot of the plants.

259 Under stress conditions, the reduction of growth may lead to a reduction in N demand by plants, causing imbalance
260 between the assimilation of NH_4^+ and synthesis of proteins and resulting in an accumulation of NH_4^+ and free
261 amino acids (Silveira et al., 2012). In the cytosol, the NH_4^+ ion is potentially toxic due to its action in the dissipation
262 of the proton electrochemical gradients, and its role in increasing ethylene synthesis, leading to plant senescence
263 (Howitt and Udvardi, 2000; Jian et al., 2018). Additionally, the accumulation of NH_4^+ and amino acids can
264 negatively regulate the absorption of NO_3^- by the roots through the feedback regulation mechanism (Silveira et al.,
265 2012).

266 The strong increase in the contents of soluble carbohydrates, free amino acids and free proline observed in salt-
267 stressed plants is a factor that may be associated with the capacity to adjust the osmotic potential in the cytosol as
268 a tolerance mechanism (Ashraf and Foolad, 2007). The accumulation of such compounds during stress is important
269 for osmoregulation and cell protection against salt stress (Molinari et al., 2007).

270 The reduction in the leaf content of soluble proteins associated with increased contents of free amino acids and
271 NH_4^+ in plants of salt treatments not primed with H_2O_2 suggests the occurrence of proteolysis (Silveira et al.,
272 2003). According to Puniran-Hartley et al. (2014), the accumulation of organic solutes in wheat and barley leaves
273 may occur due to the increase in salt-induced oxidative stress. In our results, the mitigation of salt stress induced
274 by priming with H_2O_2 contributed to the increase in the content of soluble proteins in salt-stressed plants. Such
275 increase may be associated with the role of H_2O_2 as a metabolic signaling molecule, inducing the expression and

276 activity of antioxidative enzymes, reducing the negative effects caused by the salt (Hossain et al., 2015; Niu and
277 Liao, 2016).

278 The reduction in the dry mass of sunflower plants induced by salt stress, observed in the PCA (Fig. 3.2), can be
279 associated both with the higher energy cost for synthesis and accumulation of organic solutes (Azevedo Neto et
280 al., 2005; Fricke, 2019) and with the increase in the concentration of toxic ions, mainly Na⁺ and Cl⁻ in the leaves
281 (Munns and Tester, 2008).

282

283 **5 Conclusions**

284 Although several studies associate the use of H₂O₂ with increase in plant tolerance due to the increase in the content
285 of organic solutes (Gondim et al., 2012; Hossain et al., 2015). Our results show that, the role of H₂O₂ in increase
286 of the salt tolerance can be more associated with reduction in Na⁺ and Cl⁻ contents in the leaves and positive
287 regulation of K⁺ and NO₃⁻ absorption, contributing to ion homeostasis.

288

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293

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4. CHAPTER 4

Hydrogen peroxide seed priming improves the growth rates and antioxidative defense system of sunflower plants salt-stressed⁴

1

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2 **Hydrogen peroxide seed priming improves the growth rates and antioxidative defense**
3 **system of sunflower plants salt-stressed**

4 Running title:

5 **H₂O₂ priming alleviates salt stress in sunflower plants**

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19 **Abstract**

20 Salt-induced redox imbalance may lead to increased oxidative stress and impair the plant
21 growth. However, among the many reactive oxygen species (ROS) produced under stress,
22 hydrogen peroxide (H₂O₂) plays a central role in several signal transduction pathways. Thus,
23 the aim in this study was to test the hypothesis that seed priming with H₂O₂ can increase the
24 tolerance of sunflower plants to salt stress by changes in the redox balance. For this, six
25 treatments selected from previous trials were tested: T1 - control (absence of NaCl and absence
26 of H₂O₂); T2 - saline control (presence of 100 mM NaCl and absence of H₂O₂); T3 - 10 mM
27 H₂O₂ (12 h) + 100 mM NaCl; T4 - 100 mM H₂O₂ (12 h) + 100 mM NaCl; T5 - 1 mM H₂O₂ (24
28 h) + 100 mM NaCl; T6 - 0.1 mM H₂O₂ (36 h) + 100 mM NaCl. Salt stress reduced the growth
29 rates of the sunflower plants. However, priming with H₂O₂ was able to enhance the plant
30 tolerance to salt stress, mainly by increases the activity of catalase enzyme (CAT) in leaves and
31 roots.

32 **Keywords:** *Helianthus annuus* L., H₂O₂, cross-talk, salt tolerance, oxidative stress

33 **Introduction**

34 Early in the 21st century is being marked by the global scarcity of water resources,
35 environmental pollution and increased soil and water salinization. Associated with this, in arid
36 and semiarid regions, low precipitation, high evaporation from the surface, weathering of rocks,
37 irrigation with saline water and inadequate cultural practices have contributed to the increase
38 in salinized areas at a rate of 10% per year (Shrivastava and Kumar, 2015). In this scenario, it
39 is common that more than 50% of arable land will be salinized by the year 2050 (Jamil et al.,
40 2011).

41 For agricultural production, salinity is one of the main agents responsible for reducing
42 crop performance and yield. Salts affect plant growth mainly due to the reduction of soil
43 osmotic potential, nutritional imbalance and ionic toxicity (Machado and Serralheiro, 2017).
44 Salt stress, as well as other stresses, can also trigger the emergence of a secondary stress related
45 to the imbalance between the production and removal of reactive oxygen species (ROS), leading
46 to disturbances in the redox metabolism and damage to cellular structures in plants (Adem et
47 al., 2014; Hossain et al., 2015; Cunha et al., 2019). Examples of ROS are hydrogen peroxide
48 (H_2O_2), the superoxide radical ($\text{O}_2^{\bullet-}$), the hydroxyl radical (OH^\bullet), the perhydroxyl radical
49 (OH_2^\bullet) and singlet oxygen ($^1\text{O}_2$) (Halliwell, 2006; Khan et al., 2015).

50 Plant responses to stress involve a complex system mediated by different pathways of
51 cell signal transduction, which seem to be induced by chemical conditioners such as H_2O_2 (Yeo
52 1998; Savvides et al., 2016). If on the one hand H_2O_2 is known as a ROS that can cause different
53 types of damage to cells, on the other hand it is considered a secondary messenger associated
54 with signaling cascades that can increase plant tolerance to various stresses (Hossain et al.,
55 2015).

56 Therefore, the aim of this study was to test the hypothesis that H₂O₂ acts as a signaling
57 molecule increasing the activity of the antioxidant system and reducing the deleterious effects
58 caused by salt stress on sunflower plants.

59

60 **Material and methods**

61 The experiment was conducted at the Federal University of Recôncavo da Bahia (UFRB) in
62 Cruz das Almas – BA, Brazil, using seeds of sunflower (Agrobel 975 genotype) obtained from
63 CEAPAR Representação S/C Ltda.

64 The seeds were placed to germinate in Petri dishes (20 seeds/dish), wrapped in filter
65 paper sheets and kept in a B.O.D. (Biochemical Oxygen Demand) germination chamber at 25
66 °C.

67 Based on previous trials, which used seeds soaked for different times (12; 24 and 36
68 hours) and H₂O₂ concentrations (0.1; 1; 10 and 100 mM), the four combinations that promoted
69 the best acclimation of plants to salt stress were selected (data not shown). After the respective
70 period of soaking, the seedlings were transferred to polyethylene pots, each of which containing
71 15 L of nutrient solution (Furlani, 1997) + 100 mM NaCl, except in the control treatment.

72 For the present study, the established treatments were: T1 - control (absence of H₂O₂
73 and absence of NaCl); T2 - saline control (absence of H₂O₂ and presence of 100 mM of NaCl);
74 T3 - 10 mM H₂O₂ (12 h) + (100 mM NaCl); T4 - 100 mM H₂O₂ (12 h) + (100 mM NaCl); T5
75 - 1 mM H₂O₂ (24 h) + (100 mM NaCl); T6 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl). To evaluate
76 growth rates and activities of the antioxidant system, harvests were performed at 21, 28 and 35
77 days after sowing (DAS).

78 For determination of the activity of antioxidative enzymes and lipid peroxidation, the
79 youngest pair of fully expanded leaves and the lower third of the root system were frozen in

80 liquid nitrogen, freeze-dried, ground to powder and kept in a freezer (Azevedo Neto et al.,
81 2005).

82 The extracts were prepared using 0.15 g of dry mass (DM) in an icy extraction buffer
83 (100 mM potassium phosphate buffer, pH 7.0, 0.1 mM EDTA), as described by Azevedo Neto
84 et al. (2005).

85 Lipid peroxidation (LP) was determined by measuring the content of malondialdehyde
86 (MDA) produced by the reaction of thiobarbituric acid, as described by Heath and Packer
87 (1968), and the result was expressed as $\mu\text{mol MDA g}^{-1} \text{ DM}$.

88 The activity of the enzyme superoxide dismutase (SOD) (EC 1.15.1.1) was determined
89 by measuring its capacity to inhibit the photochemical reduction of nitro blue tetrazolium
90 chloride (NBT), as described by Giannopolitis and Ries (1977), and the results were expressed
91 in $\text{U g}^{-1} \text{ DM}$. One SOD activity unit (U) was defined as the amount of enzyme required to cause
92 50% inhibition of the NBT photoreduction rate. The activity of the catalase enzyme (CAT) (EC
93 1.11.1.6) was measured based on the decrease in H_2O_2 concentration following the method of
94 Beers Jr and Sizer (1952), modified by Azevedo Neto et al. (2005), and expressed in $\mu\text{mol H}_2\text{O}_2$
95 $\text{min}^{-1} \text{ g}^{-1} \text{ DM}$. The activity of the ascorbate peroxidase enzyme (APX) was measured from the
96 oxidation of the ascorbate, following the method described by Nakano and Asada (1981). For
97 this enzyme, the results were expressed in $\mu\text{mol H}_2\text{O}_2 \text{ min}^{-1} \text{ g}^{-1} \text{ DM}$, considering that 2 mols of
98 ascorbate are required to reduce 1 mol of H_2O_2 (McKersie and Leshem, 1994).

99 Leaves and stems were dried in an oven at 65 °C for 72 h and weighed on analytical
100 scale to quantify shoot dry mass (ShDM). Absolute and relative growth rates were evaluated as
101 described by Hunt (1990).

102 The data were subjected to analysis of variance (ANOVA) and the means were
103 compared by Scott-Knott test ($p \leq 0.05$), using the statistical program SISVAR 4.6 (Ferreira,
104 2011).

105

106 **Results**107 *Antioxidative enzymes activity and lipid peroxidation*

108 In the first harvest, the activities of SOD, APX and CAT enzymes in the leaves of plants from
 109 the saline control treatment (T2) were respectively 2.1-fold, 1.9-fold and 2.3-fold higher than
 110 those of plants from the control treatment (T1) (Table 4.1). This result remained similar for the
 111 enzymes APX (1.6-fold and 1.9-fold) and CAT (2.0-fold and 1.8-fold), in the second and third
 112 harvest, respectively.

113 By comparing the enzymatic activities of seed priming treatments (T3 to T6) with those
 114 of the T2 treatment, the most significant results were an average reduction of 33% (1st harvest)
 115 in APX activity, increases of 67% (2nd harvest) and 31% (3rd harvest) in CAT activity, and a
 116 24% increase (3rd harvest) in SOD activity (Table 4.1).

117 Also, during the 2nd and 3rd harvests, lipid peroxidation (LP) in the leaves of plants from
 118 the T2 treatment was 28 and 21% higher, respectively, than in the leaves of T1 plants. It can
 119 also be observed in Table 1 that, in the 3rd harvest, LP in the leaves of plants primed with H₂O₂
 120 was 17% lower than that of plants from the T2 treatment (Table 4.1).

121

122 **Table 4.1** Effect of salt stress and H₂O₂ seeds priming on enzymes activity: superoxide
 123 dismutase (SOD, U g⁻¹ DM), ascorbate peroxidase (APX, μmol H₂O₂ min⁻¹ g⁻¹ DM), catalase
 124 (CAT, μmol H₂O₂ min⁻¹ g⁻¹ DM), and lipid peroxidation (LP, μmol MDA g⁻¹) in leaves of
 125 sunflower plants at 21, 28 and 35 days of salt stress.

Parameters	Treatments					
	T1	T2	T3	T4	T5	T6
	1 st harvest (21 days)					
SOD	308.9 c	667.0 a	351.2 c	454.9 b	501.9 b	725.9 a

CAT	209.7 b	398.0 a	475.8 a	281.0 b	547.1 a	478.6 a
APX	2.24 c	5.15 a	3.28 b	3.67 b	3.43 b	3.46 b
LP	0.52 a	0.62 a	0.59 a	0.50 a	0.54 a	0.58 a
2 nd harvest (28 days)						
SOD	375.6 b	454.2 b	417.0 b	599.8 a	432.7 b	384.8 b
CAT	122.7 c	250.1 b	411.9 a	297.0 b	431.0 a	408.8 a
APX	1.70 b	2.78 a	1.93 b	2.33 a	2.71 a	2.33 a
LP	0.46 b	0.59 a	0.63 a	0.60 a	0.57 a	0.56 a
3 rd harvest (35 days)						
SOD	387.1 b	361.0 b	449.4 a	321.7 b	438.5 a	450.1 a
CAT	188.8 d	334.0 b	404.4 a	251.4 c	462.7 a	443.7 a
APX	1.62 b	3.06 a	2.32 b	1.80 b	2.81 a	3.37 a
LP	0.47 b	0.57 a	0.48 b	0.49 b	0.46 b	0.47 b

126 Mean of four replicates. Means followed by the same letter, in lines, are not statistically
 127 different by Scott-Knott's test. ($p \leq 0.05$). Treatments: T1 - control (absence of NaCl and
 128 absence of H₂O₂); T2 - salt control (presence of 100 mM NaCl and absence of H₂O₂); T3 - 10
 129 mM H₂O₂ (12 h) + (100 mM NaCl); T4 - 100 mM H₂O₂ (12 h) + (100 mM NaCl); T5 - 1 mM
 130 H₂O₂ (24 h) + (100 mM NaCl); T6 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl).

131

132 In the roots, salt stress increased the enzymatic activity of SOD in the 1st and 2nd
 133 harvests. However, the activity of SOD in the 2nd harvest was 23% lower in plants primed with
 134 H₂O₂ (T3 to T6) than in plants from the T2 treatment (Table 4.2).

135

136 **Table 4.2** Effect of salt stress and H₂O₂ seeds priming on enzymes activity: superoxide
 137 dismutase (SOD, U g⁻¹ DM), ascorbate peroxidase (APX, $\mu\text{mol H}_2\text{O}_2 \text{ min}^{-1} \text{ g}^{-1} \text{ DM}$), catalase

138 (CAT, $\mu\text{mol H}_2\text{O}_2 \text{ min}^{-1} \text{ g}^{-1} \text{ DM}$), and lipid peroxidation (LP, $\mu\text{mol MDA g}^{-1}$) in roots of
 139 sunflower plants at 21, 28 and 35 days of salt stress.

Parameters	Treatments					
	T1	T2	T3	T4	T5	T6
1 st harvest (21 days)						
SOD	263.0 b	460.2 a	429.5 a	475.2 a	432.9 a	432.5 a
CAT	173.6 b	306.2 a	354.9 a	286.9 a	356.5 a	396.8 a
APX	1.86 c	4.21 a	2.61 b	4.36 a	3.03 b	3.69 a
LP	0.29 c	0.65 a	0.51 b	0.46 b	0.48 b	0.49 b
2 nd harvest (28 days)						
SOD	355.8 d	791.6 a	528.4 c	616.9 b	628.9 b	674.4 b
CAT	165.8 b	471.5 a	551.9 a	508.8 a	521.4 a	541.1 a
APX	3.86 c	6.96 a	1.73 d	1.89 d	2.71 d	5.16 b
LP	0.27 c	0.54 a	0.54 a	0.56 a	0.47 a	0.40 b
3 rd harvest (35 days)						
SOD	484.3 b	446.8 b	171.1 c	506.0 b	495.6 b	726.8 a
CAT	107.0 c	246.8 b	330.0 a	331.4 a	338.6 a	375.1 a
APX	1.98 b	2.88 b	2.77 b	1.93 b	3.46 a	4.01 a
LP	0.39 b	0.53 a	0.52 a	0.51 a	0.50 a	0.45 b

140 Mean of four replicates. Means followed by the same letter, in lines, are not statistically
 141 different by Scott-Knott's test. ($p \leq 0.05$). Treatments: T1 - control (absence of NaCl and
 142 absence of H_2O_2); T2 - salt control (presence of 100 mM NaCl and absence of H_2O_2); T3 - 10
 143 mM H_2O_2 (12 h) + (100 mM NaCl); T4 - 100 mM H_2O_2 (12 h) + (100 mM NaCl); T5 - 1 mM
 144 H_2O_2 (24 h) + (100 mM NaCl); T6 - 0.1 mM H_2O_2 (36 h) + (100 mM NaCl).

145

146 Salinity increased CAT activity by 96% (1st harvest) and 213% (2nd harvest) in relation
147 to T1 plants, but significant differences between saline treatments were not observed. In the 3rd
148 harvest, salinity also increased CAT activity, but such increment was more pronounced in plants
149 whose seeds were primed with H₂O₂ (Table 4.2).

150 In the 1st and 2nd harvests, the activity of APX in the roots of plants from the T2 treatment
151 was 126 and 80% higher than in the control. On the other hand, APX activity in seed priming
152 treatments in comparison to T1 and T2 varied substantially with the time of salt stress.

153 In a joint analysis of all data of CAT and APX enzyme activities, regardless of salt stress
154 or priming with H₂O₂, it can be observed that the H₂O₂ removal capacity by CAT activity was
155 about 117-fold higher than that by APX (Table 4.2).

156 In the 1st harvest, LP in sunflower roots increased in all treatments of salt stress, but
157 such increment was less pronounced in plants primed with H₂O₂. Thus, seed priming with H₂O₂
158 reduced root LP by about 25% in the treatments T3 to T6, compared to T2. In the 2nd and 3rd
159 harvests, salinity increased LP by 86 and 29%, respectively, but substantial differences between
160 saline treatments were not observed (Table 4.2).

161

162 ***Absolute and relative growth rate of the shoot***

163 Table 4.3 shows that salinity significantly reduced the absolute growth rate (AGR) and the
164 relative growth rate (RGR) of sunflower plants. However, this reduction was less pronounced
165 in treatments primed with H₂O₂. The AGR of plants from T2 (saline control) was 94 and 82%
166 lower than those of control plants (T1), for the periods from 21 to 28 and from 21 to 35 days,
167 respectively. In contrast, the AGR of plants primed with H₂O₂ was about 3.1-fold and 1.7-fold
168 higher than that observed in the T2 treatment.

169 For the same periods evaluated (21 - 28 and 21 - 35 days), the salt stress reduced RGR
170 by about 55 and 16%, respectively, compared to the T1 treatment.

171

172 **Table 4.3** Effect of salt stress and H₂O₂ seeds priming on absolute growth rate (AGR, g day⁻¹),
 173 relative growth rate (RGR, g g⁻¹ day⁻¹) of the shoot of sunflower plants cultivated under salt
 174 stress in periods at 21 - 28 or 21 - 35 days.

Parameters	Treatments					
	T1	T2	T3	T4	T5	T6
Period (21 - 28 days)						
AGR	0.840 a	0.052 c	0.142 b	0.167 b	0.192 b	0.157 b
RGR	0.269 a	0.121 c	0.143 c	0.197 b	0.193.b	0.177 b
Period (21 - 35 days)						
AGR	1.070 a	0.197 d	0.380 b	0.322 b	0.360 b	0.282 c
RGR	0.203 a	0.169 c	0.166 c	0.183 b	0.176 b	0.162 c

175 Mean of four replicates. Means followed by the same letter, in lines, are not statistically
 176 different by Scott-Knott's test. ($p \leq 0.05$). Treatments: T1 - control (absence of NaCl and
 177 absence of H₂O₂); T2 - salt control (presence of 100 mM NaCl and absence of H₂O₂); T3 - 10
 178 mM H₂O₂ (12 h) + (100 mM NaCl); T4 - 100 mM H₂O₂ (12 h) + (100 mM NaCl); T5 - 1 mM
 179 H₂O₂ (24 h) + (100 mM NaCl); T6 - 0.1 mM H₂O₂ (36 h) + (100 mM NaCl).

180

181 Discussion

182 Oxidative stress may occur as a consequence of salt stress, from the imbalance between
 183 the production and removal of reactive oxygen species (ROS) and may be responsible for
 184 various types of damage caused to plant cells, such as the increase in LP (Azevedo Neto et al.,
 185 2005; Huang et al., 2019).

186 However, the results here showed that seed priming with H₂O₂ can increase plant
187 tolerance to salt stress, confirmed by the increase in growth rates observed in primed plants,
188 compared to plants from the salt control treatment (Table 4.3).

189 In maize plants, some authors found that priming with H₂O₂ via nutrient solution
190 (Azevedo Neto et al., 2005) and via leaf spraying (Gondim et al., 2012) increased plant
191 tolerance to salt stress. These results corroborate the hypothesis that H₂O₂ can act as a metabolic
192 signaling agent, efficiently stimulating the antioxidant defense system and consequently
193 promoting increased plant tolerance to salt (Hossain et al., 2015; Khan et al., 2018).

194 All changes observed in enzymatic activities suggest that the significant increase in
195 CAT activity played a key role in eliminating excess H₂O₂ generated during salt stress. Such
196 increase in CAT activity can promote the reduction of deleterious effects caused by salt stress,
197 leading to an increase in sunflower tolerance to salt stress. Gondim et al. (2012) confirmed this
198 hypothesis, studying the effect of pretreatment with H₂O₂ applied via leaf spraying on maize
199 plants. In addition, these authors found that the increase in CAT activity promoted an H₂O₂
200 elimination rate on average 99-fold higher than that of APX, corroborating the results found in
201 the present study, as the H₂O₂ removal capacity of CAT was about 117-fold higher than that of
202 APX.

203 According to Silva et al. (2019), CAT and APX enzymes differ in affinity for the
204 substrate, indicating that each of them has specialized functions for ROS removal. According
205 to these authors, the high K_m value of CAT seems to associate the response of this enzyme with
206 a more general role in tolerance, while the lower K_m value observed in APX may indicate a
207 finer adjustment in H₂O₂ removal.

208 Our results suggest that the reduction of LP in plants primed with H₂O₂ may be
209 associated with increased activity of the antioxidant system (Liang et al., 2018; Silva et al.,

210 2018), differing from the results found by Azevedo Neto et al. (2005), when studying the effect
211 of H₂O₂ pretreatment via nutrient solution on salt-stressed maize plants.

212 **Conclusions**

213 Seed priming with H₂O₂ increases sunflower tolerance to salt stress by stimulating CAT activity
214 in leaves and roots.

215

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220

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5. CHAPTER 5

Salt-tolerance induced by leaf spraying with H₂O₂ in sunflower is related to the ion homeostasis balance and reduction of oxidative damage⁵

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2 **Title Page**

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6 **Salt-tolerance induced by leaf spraying with H₂O₂ in sunflower is**
7 **related to the ion homeostasis balance and reduction of oxidative**
8 **damage**

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24 **Abstract**

25 Salinity is still one of the main factors that limit the growth and production of agricultural crops.
26 However, currently, conditioning with hydrogen peroxide (H_2O_2) has become a promising
27 technique to alleviate the deleterious effects caused by salt. Therefore, the aim of this study was
28 to test different leaf spraying strategies with H_2O_2 to acclimation of sunflower plants to salt
29 stress, identifying the main physiological and biochemical changes involved in this process.
30 The experiment was conducted in a completely randomized design, with four replications.
31 Initially, four concentrations of H_2O_2 were tested (0.1; 1; 10 and 100 mM) associated with
32 different amounts of applications (1AP - one application (48 hours before exposure to NaCl);
33 2AP - two applications (1AP + 7 days after exposure to NaCl) and 3AP - three applications
34 (1AP + 2AP + 14 days after exposure to NaCl) two reference treatments were also added:
35 control (absence of NaCl and absence of H_2O_2) and salt control (presence of 100 mM of NaCl
36 and absence of H_2O_2). Salt stress reduced the growth of sunflower plants, however the
37 conditioning of plants through leaf spraying with H_2O_2 was able to reduce the deleterious effects
38 caused by salt, especially in the 1 mM H_2O_2 treatment with one application. H_2O_2 acts as a
39 metabolic signal assisting in the maintenance of ionic and redox homeostasis, and consequently
40 increasing the tolerance of plants to salt stress.

41

42 **Keywords:** *Helianthus annuus* L., H_2O_2 , salinity, oxidative stress, physiological parameters,
43 cross-talk

44 **1. Introduction**

45 Salinity is considered one of the main problems encountered in agriculture worldwide.
46 The effects of salinity are more evident in arid and semi-arid regions, in these environments,
47 limited rainfall, high evapotranspiration, high temperatures associated with inadequate water
48 and soil management enhance the negative effects caused by salinity and directly impact
49 agricultural production in these areas. regions (Azevedo Neto et al., 2006).

50 The excess of Na⁺ and Cl⁻ ions in the root zone can alter the osmotic, ionic and
51 nutritional homeostasis of plants (Wyn Jones and Gorham, 2002). These changes can lead to
52 reduced growth and affect several physiological mechanisms. Under these conditions, both the
53 photochemical phase and the biochemical phase of photosynthesis can be negatively affected
54 (Dubey, 2005). In addition, salinity can increase lipid peroxidation and consequently reduce the
55 integrity of cell membranes (Sairam et al., 2002). Saline stress also can cause an imbalance
56 between the production and the scavenging of the reactive oxygen species (ROS), and this
57 imbalance can cause various damages cell (Azevedo Neto and Silva, 2015). These species are
58 very powerful oxidizers that can react with almost all components of living cells, producing
59 severe damage to lipids, proteins and nucleic acids (oxidative stress situations) (del Río, 2015).

60 Therefore, understanding the mechanisms of plant tolerance for high concentrations of
61 NaCl in soils can help improve yield and production in saline lands. Several studies have been
62 carried out in an attempt to improve the tolerance of cultures to salt through conventional
63 genetic improvement programs through the use of markers, however this technique is highly
64 complex and expensive (Tavakkoli et al., 2011; Hoang et al., 2016).

65 As an alternative, plants can be prepared for future stress through priming. This
66 technique also known as sensitization or hardening increases the plant tolerance to different
67 types of stress. With the use of this technique, plants enter the priming state, which activates
68 several protection mechanisms through different signaling pathway (Savvides et al., 2016).

69 Chemical priming is an emerging field in crop management under stress conditions.
70 Plants treated with certain chemical agents (natural or synthetic) before stress events show
71 increased tolerance when exposed to stress conditions (eg, salinity, drought, heat, heavy metals)
72 (Hossain et al., 2015; Niu and Liao, 2016; Savvides et al. 2016).

73 Among several chemical agents used in this technique, is hydrogen peroxide (H_2O_2).
74 Due to its electrochemical characteristics and small size, H_2O_2 is able to cross membranes and
75 diffuse between cell compartments, which facilitates its signaling function (Bienert et al.,
76 2006).

77 Several articles have stated that H_2O_2 can act as a key regulator in modulating the
78 defense response of plants to various environmental stresses, such as salt stress (Azevedo Neto
79 et al., 2005), drought (Hossain and Fujita, 2013), high temperatures (Wu et al., 2015) and heavy
80 metals (Wen et al., 2013). However, few studies show how they establish the criteria for
81 selecting concentrations for exogenous application and what are the main mechanisms
82 responsible for the increase in plant tolerance induced by H_2O_2 priming.

83 Thus, the aim of this study was to test different leaf spraying strategies with H_2O_2 to
84 acclimation of the sunflower plants to salt stress, identifying the main physiological and
85 biochemical changes involved in this process.

86

87 **2. Materials and methods**

88

89 **2.1 Experimental conditions**

90 Para este estudo, dois experimentos foram conduzidos na casa de vegetação da
91 Universidade Federal do Recôncavo da Bahia, Cruz das Almas, BA, Brasil, utilizando sementes
92 de girassol Agrobél 975 (AG 975) mantidas por 5 minutos em hipoclorito de sódio a 0,2% (m/v)
93 e lavadas 3 vezes com água destilada.

94

95 **2.2 First experiment (selection of treatments)**

96 The seeds were placed to germinate in polyethylene trays containing washed sand and
97 irrigated with Furlani's nutrient solution (1997) at medium strength. After the complete
98 expansion of the first pair of leaves, the seedlings were transferred to polyethylene pots
99 containing 15 L of total strength nutrient solution (Furlani, 1997) where the treatments were
100 distributed.

101 The experimental design used was completely randomized, with four replications. The
102 treatments consisted of four concentrations of H₂O₂ (0.1; 1; 10; 100 mM) associated with
103 different amounts of applications (1AP - one application (48 hours before exposure to NaCl);
104 2AP - two applications (1AP + 7 days after exposure to NaCl) and 3AP - three applications
105 (1AP + 2AP + 14 days after exposure to NaCl) two reference treatments were also added,
106 submitted to three leaf spraying with deionized water: control (absence of NaCl and absence of
107 H₂O₂) and salt control (presence of 100 mM NaCl and absence of H₂O₂), totaling 14 treatments.

108 All sprayed solutions were performed in the early evening (at 6:00 pm), using a manual
109 sprayer with a pre-compression pump and a 1.5 L reservoir. The solutions used in the spraying
110 were added with 0.025% Tween 20 (surfactant), in order to break the surface tension of the
111 water and facilitate the penetration of the components applied in the leaves (Gondim et al.,
112 2012).

113 Two days after the first leaf spraying, all nutrient solutions were renewed to establish
114 salt stress (100 mM NaCl), except for the control treatment.

115 At 35 days after sowing (DAS) the plants were harvested and partitioned into leaves,
116 stems and roots, dried in an oven at 65 °C for 72 h, and then weighed in an analytical balance
117 to quantify the dry mass of leaves (LDM), stem (SDM) and roots (RDM). With these data the
118 total dry mass of the plants (TDM) was determined.

119

120 **2.3 Second experiment**

121 For this experiment, one of the treatments with H₂O₂ application (from the previous
122 experiment) was selected, which presented the highest dry mass in all partitions (leaves, stem
123 and roots).

124 This experiment was carried out in random blocks with four replications. The tested
125 treatments were: control (absence of NaCl and absence of H₂O₂), salt control (presence of 100
126 mM NaCl and absence of H₂O₂) and 1 mM H₂O₂ (1AP) + 100 mM NaCl, totaling three
127 treatments. Two harvests were carried out at 21 and 35 DAS to evaluate the behavior of the
128 plants over time.

129

130 **2.4 Measurements of the gas exchange and photosynthetic pigments content**

131 Gas exchange evaluations were performed on the youngest fully expanded leaf pair
132 (Silveira et al., 2009), using the infrared gas analyzer - IRGA, model Li-6400XT (Li-Cor,
133 Lincoln, NE, USA). The net CO₂ assimilation rate (P_N), transpiration (E) and stomatal
134 conductance (g_s) were determined. Additionally, the levels of photosynthetic pigments such as:
135 chlorophyll *a* (Chl*a*), chlorophyll *b* (Chl*b*), chlorophyll *a + b* (Chl *a + b*) and carotenoids (Car)
136 were extracted in ethanol (95%) and quantified by spectrophotometry at 664, 649 and 470 nm,
137 using the equations proposed by Lichtenthaler and Buschmann (2001).

138

139 **2.5 Water status and electrolyte leakage**

140 Relative water content (RWC), electrolyte leakage (EL) (Silva et al., 2015), leaf
141 succulence (SUC) and the sclerophylly index (SI) (Cova et al., 2016) were also analyzed on the
142 same leaves used for photosynthetic evaluations.

143

144 **2.6 Inorganic solutes content**

145 For the determination of the levels of sodium (Na^+), potassium (K^+), chloride (Cl^-),
146 extracts from the samples of leaves and roots were prepared in deionized water following the
147 methodology described by Gondim et al. (2011).

148 The levels of Na^+ and K^+ were determined by flame photometry model Q498M2
149 (Quimis, Diadema, SP, BR.), as described by Faithfull (2002). The Cl^- levels were determined
150 in a spectrophotometer model 2000 UV (Bel Engineering, Piracicaba, SP, BR.), following the
151 methodology described by Gaines et al. (1984).

152

153 **2.7 Organic solutes content**

154 For the determination of organic solutes, the youngest pair of fully expanded leaves and
155 the youngest third of the root system were frozen in liquid nitrogen, lyophilized and maintained
156 in a freezer (Azevedo Neto et al., 2005).

157 For the determination of the levels of soluble carbohydrates, free amino acids, free
158 proline and soluble proteins, the extracts of the samples of leaves and roots were prepared in
159 buffer solution (100 mM potassium phosphate, pH 7.0, 0.1 mM EDTA) following the
160 methodology described by Azevedo Neto et al. (2009).

161 The determination of the content of soluble carbohydrates was carried out at 490 nm,
162 using the phenol-sulfuric acid method (Dubois et al., 1956). Free amino acids were determined
163 at 570 nm, using the ninhydrin method (Yemm and Cocking, 1995). To determine the free
164 proline content, the 520 nm acid ninhydrin method was used (Bates et al., 1973). Soluble
165 proteins were determined at 595 nm by the protein-dye binding method (Bradford 1976), using
166 bovine albumin as a standard.

167

168 **2.8 Antioxidant enzyme activity and lipid peroxidation**

169 The extracts for determining the activity of antioxidant enzymes and lipid peroxidation
170 were obtained similar to organic solutes.

171 The activity of the superoxide dismutase enzyme (SOD) (EC 1.15.1.1) was determined
172 by measuring its ability to inhibit the photochemical reduction of nitro blue tetrazolium chloride
173 (NBT), as described by Giannopolitis and Ries (1977) and the results expressed in U g⁻¹ of dry
174 mass (DM), a unit of SOD activity (U) was defined as the amount of enzyme needed to cause
175 50% inhibition of the NBT photoreduction rate. The activity of the catalase enzyme (CAT) (EC
176 1.11.1.6) was measured from the decrease in the concentration of H₂O₂ following the method
177 of Beers Jr and Sinzer (1952), modified by (Azevedo Neto et al., 2005) and expressed in
178 expressed in μmol H₂O₂ min⁻¹ g⁻¹ DM. The evaluation of the activity of the enzyme ascorbate
179 peroxidase (APX) was measured from the oxidation of ascorbate, following the method
180 described by Nakano and Asada (1981). For this enzyme, the results were expressed in μmol
181 H₂O₂ min⁻¹ g⁻¹ DM, considering that 2 moles of ascorbate are needed to reduce 1 mole of H₂O₂
182 (McKersie and Leshem, 1994).

183 Lipid peroxidation (LP) was determined by measuring the content of malondialdehyde
184 (MDA) produced by the reaction of thiobarbituric acid, as described by Heath and Packer
185 (1968), the result was expressed as μmol MDA g⁻¹ DM.

186

187 **2.9 Shoot dry mass quantification**

188 The other part of the plant material (leaves and stem) was dried in an oven with forced
189 air circulation at 65 °C for 72 h for measurements of the shoot dry mass (ShDM).

190

191 2.10 Statistical analysis

192 All data from both experiments were submitted to analysis of variance (ANOVA). In
 193 the first experiment, the means of the variables were compared using the Skott-Knott's test (p
 194 ≤ 0.05). While for the second experiment, the means were compared using the Tukey's test (p
 195 ≤ 0.05), using the Sisvar statistical program (Ferreira, 2011).

196

197 3. Results

198 3.1 First experiment

199 The results showed that there was a significant difference between the treatments
 200 applied ($p \leq 0.01$) for the growth variables analyzed (Table 5.1). Salinity reduced plant growth,
 201 but H₂O₂ priming via leaf spraying (in some treatments) was able to reduce the deleterious
 202 effects of salinity and improve plant tolerance to salt stress.

203

204 **Table 5.1** Result of the analysis of variance and the Scott-Knott test for the parameters analyzed
 205 in the first experiment on sunflower plants, at 35 days of cultivation.

Sources of variations	LDM	SDM	RDM	TDM
Treatments	**	**	**	**
CV (%)	10.83	10.82	11.78	5.93
Treatments	Leaves	Stem	Roots	Total
	Dry mass (% of control)			
T1 - control	100	100	100	100
T2 - salt control	40.5 b	25.5 b	45.1 b	34.8 c
T3 - 0.1 mM H ₂ O ₂ (AP1)	35.9 b	28.6 b	50.6 b	36.1 c
T4 - 1 mM H ₂ O ₂ (AP1)	47.8 a	34.7 a	59.9 a	44.8 a
T5 - 10 mM H ₂ O ₂ (AP1)	40.0 b	23.8 b	45.1 b	33.9 c
T6 - 100 mM H ₂ O ₂ (AP1)	45.4 a	33.0 a	42.1 b	39.1 b
T7 - 0.1 mM H ₂ O ₂ (AP2)	38.3 b	27.3 b	45.4 b	35.0 c

T8 - 1 mM H ₂ O ₂ (AP2)	48.4 a	31.9 a	49.1 b	41.1 a
T9 - 10 mM H ₂ O ₂ (AP2)	44.2 a	33.0 a	50.3 b	41.0 a
T10 - 100 mM H ₂ O ₂ (AP2)	43.8 a	28.1 b	50.9 b	38.4 b
T11 - 0.1 mM H ₂ O ₂ (AP3)	36.2 b	26.2 b	46.7 b	34.2 c
T12 - 1 mM H ₂ O ₂ (AP3)	42.9 a	32.0 a	46.7 b	38.9 b
T13 - 10 mM H ₂ O ₂ (AP3)	36.7 b	35.3 a	47.8 b	38.7 b
T14 - 100 mM H ₂ O ₂ (AP3)	37.4 b	27.6 b	46.3 b	35.1 c

206 ** Significant ($p \leq 0.01$). Means followed by the same letter, in the column, do not differ statistically from each other by the

207 Scott-Knott's test ($p \leq 0.05$). LDM (leaves dry mass), SDM (stem dry mass), RDM (roots dry mass) and TDM (total dry mass).

208

209 The salt control treatment (T2) showed decreases in LDM, SDM, RDM and TDM of
 210 approximately 59.5; 74.5; 54.9 and 65.2%, respectively, when compared to plants of the control
 211 treatment (T1) (Table 5.1). In contrast, some treatments primed with H₂O₂ showed an increase
 212 of approximately 12% in LDM (T4, T6, T8, T9, T10 and T12), of 31% in SDM (T4, T6, T8,
 213 T9, T12 and T13), 33% in the RDM (T4) and 23% in the MST (T4, T8 and T9) when compared
 214 with the plants of the T2 treatment.

215 The selection of treatments was carried out by the highest biomass production,
 216 considering all plant partitions (LDM, SDM, RDM and TDM). Considering all the variables
 217 collected, the T4 treatment (1 mM H₂O₂ 1AP) was selected for its greater power reducing the
 218 negative effect of the salinity and, consequently increasing the tolerance of sunflower plants
 219 (Table 5.1).

220

221 **3.2 Second experiment**

222 The result of the analysis of variance showed that the treatments tested showed a
 223 significant difference for the production of dry mass, content of photosynthetic pigments,
 224 variables for assessing water status, leakage of electrolytes, content of inorganic and organic
 225 solutes and enzymatic activity in both leaves and roots (at 21 and 35 days). For CO₂

226 assimilation, the significant difference occurred only at 35 days, while stomatal conductance
 227 and perspiration were not significantly affected by the treatments applied (Table 5.2).

228

229 **Table 5.2** Results of the Fisher's test for the parameters analyzed in the second experiment
 230 using sunflower plants, at 21 and 35 days of cultivation.

Parameters	21	35
	days	
ShDM (g plant ⁻¹)	**	**
P _N (μmol CO ₂ m ⁻² s ⁻¹)	ns	**
E (mmol H ₂ O m ⁻² s ⁻¹)	ns	ns
g _s (mol H ₂ O m ⁻² s ⁻¹)	ns	ns
Chl _a (mg g ⁻¹ FM)	**	**
Chl _b (mg g ⁻¹ FM)	**	**
Chl <i>a</i> + <i>b</i> (mg g ⁻¹ FM)	**	**
Car (mg g ⁻¹ FM)	**	**
RWC (%)	**	**
EL (%)	**	**
SUC (mg H ₂ O cm ⁻²)	**	**
SI (mg DM cm ⁻²)	**	**
Na ⁺ (leaves) (mmol g ⁻¹ DM)	**	**
K ⁺ (leaves) (mmol g ⁻¹ DM)	**	**
Cl ⁻ (leaves) (mmol g ⁻¹ DM)	**	*
Na ⁺ (roots) (mmol g ⁻¹ DM)	**	**
K ⁺ (roots) (mmol g ⁻¹ DM)	**	**
Cl ⁻ (roots) (mmol g ⁻¹ DM)	**	**
Soluble carbohydrates (leaves) (μmol g ⁻¹ DM)	**	**
Free amino acids (leaves) (μmol g ⁻¹ DM)	**	**
Free proline (leaves) (μmol g ⁻¹ DM)	**	**
Soluble proteins (leaves) (mg g ⁻¹ DM)	**	**
Soluble carbohydrates (roots) (μmol g ⁻¹ DM)	**	**
Free amino acids (roots) (μmol g ⁻¹ DM)	**	**

Free proline _(roots) ($\mu\text{mol g}^{-1} \text{DM}$)	**	**
Soluble proteins _(roots) ($\text{mg g}^{-1} \text{DM}$)	**	**
APX _(leaves) ($\mu\text{mol H}_2\text{O}_2 \text{ min.}^{-1} \text{g}^{-1} \text{DM}$)	**	**
CAT _(leaves) ($\mu\text{mol H}_2\text{O}_2 \text{ min.}^{-1} \text{g}^{-1} \text{DM}$)	**	**
SOD _(leaves) ($\text{UA min.}^{-1} \text{g}^{-1} \text{DM}$)	**	**
LP _(leaves) ($\mu\text{mol MDA g}^{-1} \text{DM}$)	**	**
APX _(roots) ($\mu\text{mol H}_2\text{O}_2 \text{ min.}^{-1} \text{g}^{-1} \text{DM}$)	**	**
CAT _(roots) ($\mu\text{mol H}_2\text{O}_2 \text{ min.}^{-1} \text{g}^{-1} \text{DM}$)	**	**
SOD _(roots) ($\text{UA min.}^{-1} \text{g}^{-1} \text{DM}$)	**	**
LP _(roots) ($\mu\text{mol MDA g}^{-1} \text{DM}$)	**	**

231 *, ** Significant at $p \leq 0,05$ and $p \leq 0,01$, respectively; ns, not significant.

232

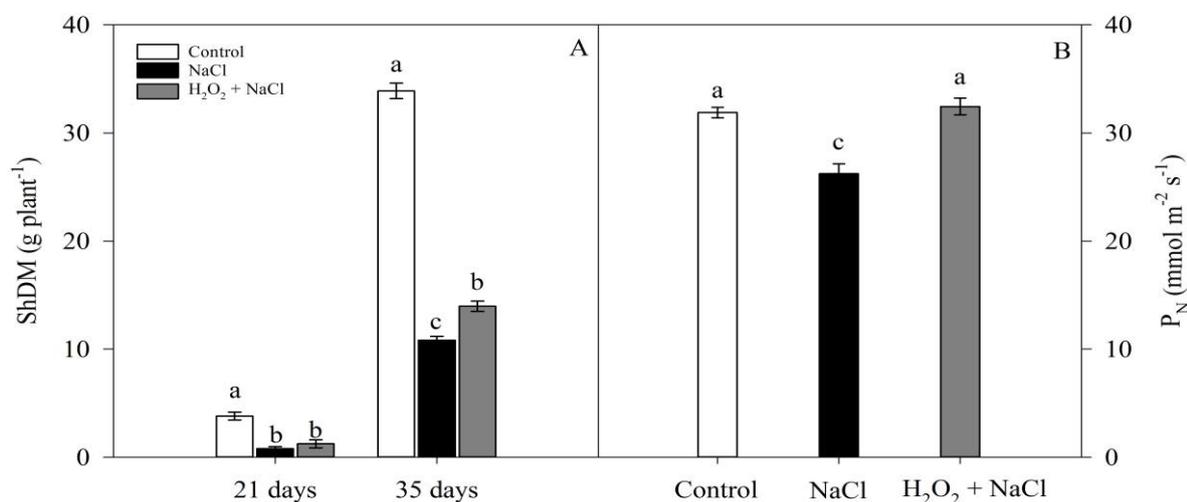
233 Salt stress reduced the ShDM of sunflower plants by 73% (at 21 days). However, at 35

234 days, this reduction was less pronounced in plants treated with H_2O_2 (Fig. 1A). During this

235 period, salt stress reduced ShDM by 68% in unprimed plants when compared to plants of the

236 control treatment. On the other hand, in saline conditions, H_2O_2 priming increased ShDM by

237 29% when compared to unprimed plants (Fig. 5.1A).



238

239 **Fig. 5.1** Effect of salt stress (100 mM NaCl) and leaf spraying with H_2O_2 (1 mM H_2O_2 1AP) on

240 the shoot dry mass (ShDM) (at 21 and 35 days) (A) and on the net CO_2 assimilation rate (P_N)

241 (at 35 days) (B) of sunflower plants grown in nutrient solution. Means of four repetitions \pm

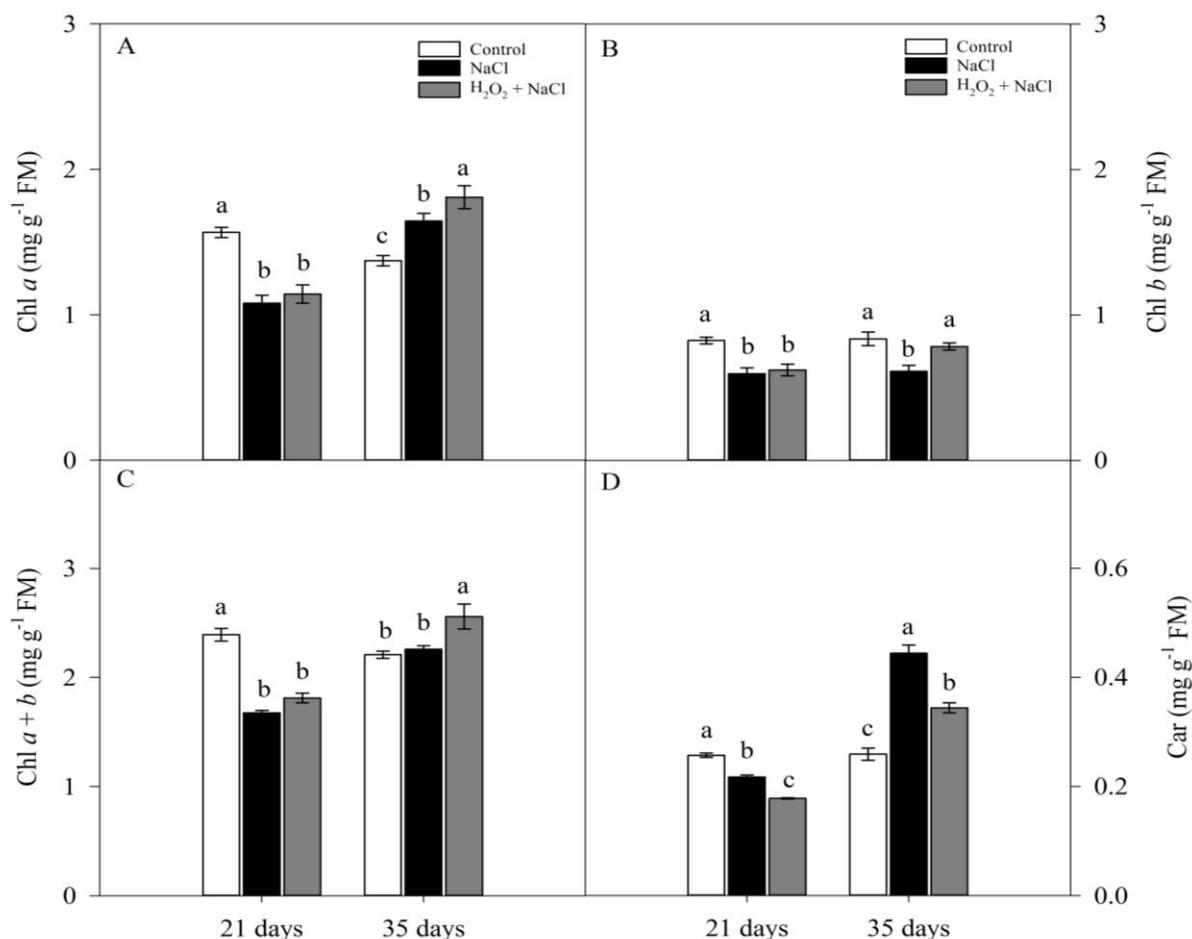
242 standard error. Means followed by the same letters, on each date, do not differ statistically from
243 each other, using the Tukey's test ($p \leq 0.05$).

244

245 Associated with this result, at 35 days, salinity also reduced P_N by 18% in plants
246 unprimed with H_2O_2 . In contrast, even under salt stress, H_2O_2 priming was able to maintain the
247 P_N of sunflower plants at levels similar to the control treatment (Fig. 5.1B).

248 At 21 days, the levels of photosynthetic pigments (*Chla*, *Chlb*, *Chl a + b* and *Car*) were,
249 on average, 29, 26, 27 and 23% lower in plants under salt stress when compared to the plants
250 in the control treatment, respectively (Fig. 5.2). However, at 35 days, the *Chla* content was
251 higher in plants under salt stress, especially when primed with H_2O_2 , showing an increase by
252 37% in relation to the control treatment. H_2O_2 priming also increased the *Chlb* contents by 28%
253 compared to the treatment plants under salt stress and unprimed. In addition, the contents of
254 *Chl a + b* were also on average 15% higher in plants primed with H_2O_2 compared to plants in
255 unprimed treatments (Fig. 5.2).

256



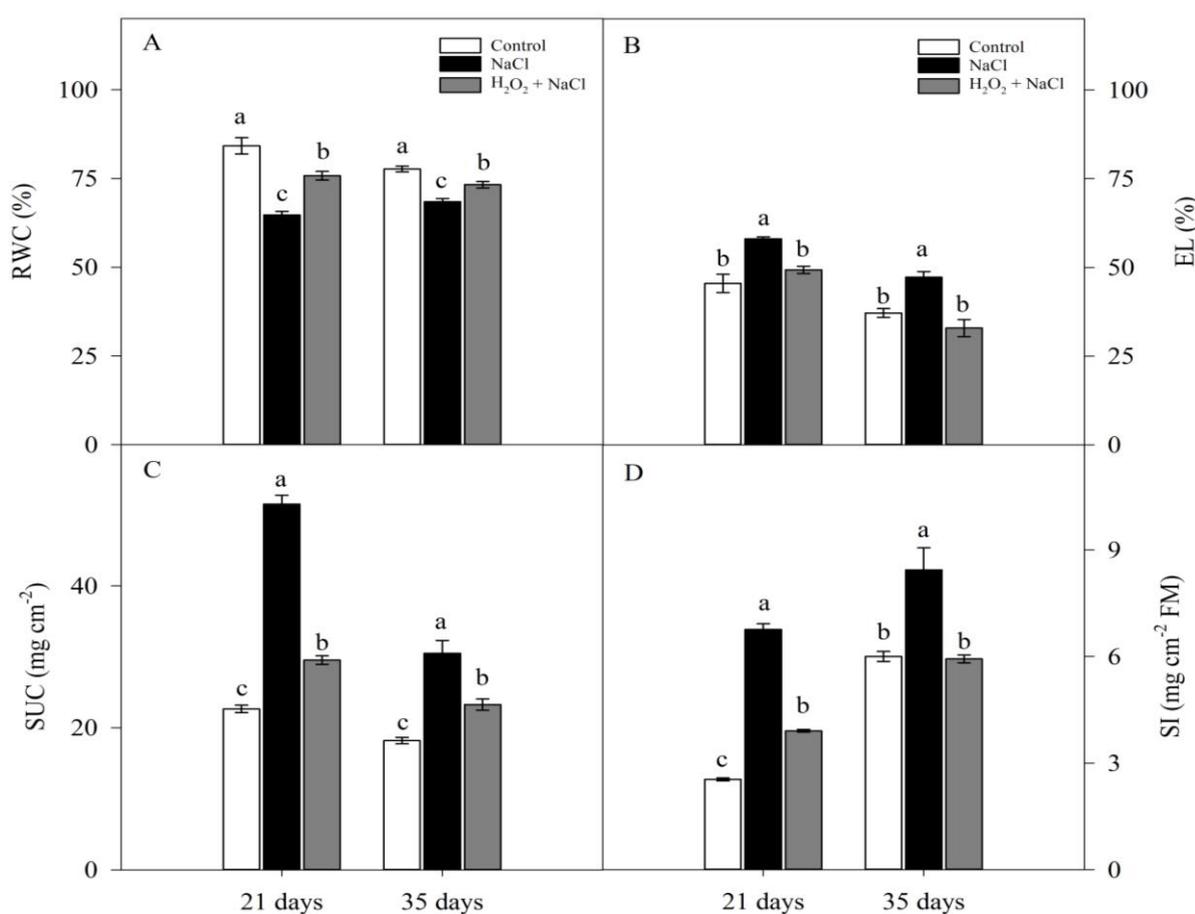
257
 258 **Fig. 5.2** Effect of salt stress (100 mM NaCl) and leaf spraying with H₂O₂ (1 mM H₂O₂ 1AP) on
 259 the content of chlorophyll a (Chl a) (A), chlorophyll b (Chl b) (B), chlorophyll a + b (Chl a +
 260 b) (C) and carotenoids (Car) (D) of sunflower plants grown in nutrient solution, at 21 and 35
 261 days. Means of four repetitions ± standard error. Means followed by the same letters, on each
 262 date, do not differ statistically from each other, using the Tukey's test ($p \leq 0.05$).

263
 264 Like the Chl a content, at 35 days, the Car content was higher in plants under salt stress.
 265 However, for this variable, the highlight was for plants unprimed with H₂O₂, presenting an
 266 increase of 71% in relation to the control treatment (Fig. 5.2D).

267 Salt stress significantly reduced the RWC of sunflower leaves, however, as with the
 268 ShDM results, this reduction was less pronounced in plants primed with H₂O₂ (Fig. 5.3A). In
 269 unprimed plants maintained under salt stress, the RWC was about 23% (21 days) and 12% (35

270 days) lower than in the control treatment plants. While in saline conditions, the RWC of plants
 271 primed with H₂O₂ was 17% (21 days) and 7% (35 days) higher than in unprimed plants (Fig.
 272 5.3A).

273 The EL of plants not primed with H₂O₂ and maintained under salt stress was about 22%
 274 (21 days) and 35% (35 days) when compared with the other treatments. In contrast, the EL of
 275 plants primed with H₂O₂, even under salt stress, remained at levels similar to those of the plants
 276 of the control treatment (Fig. 5.3B).



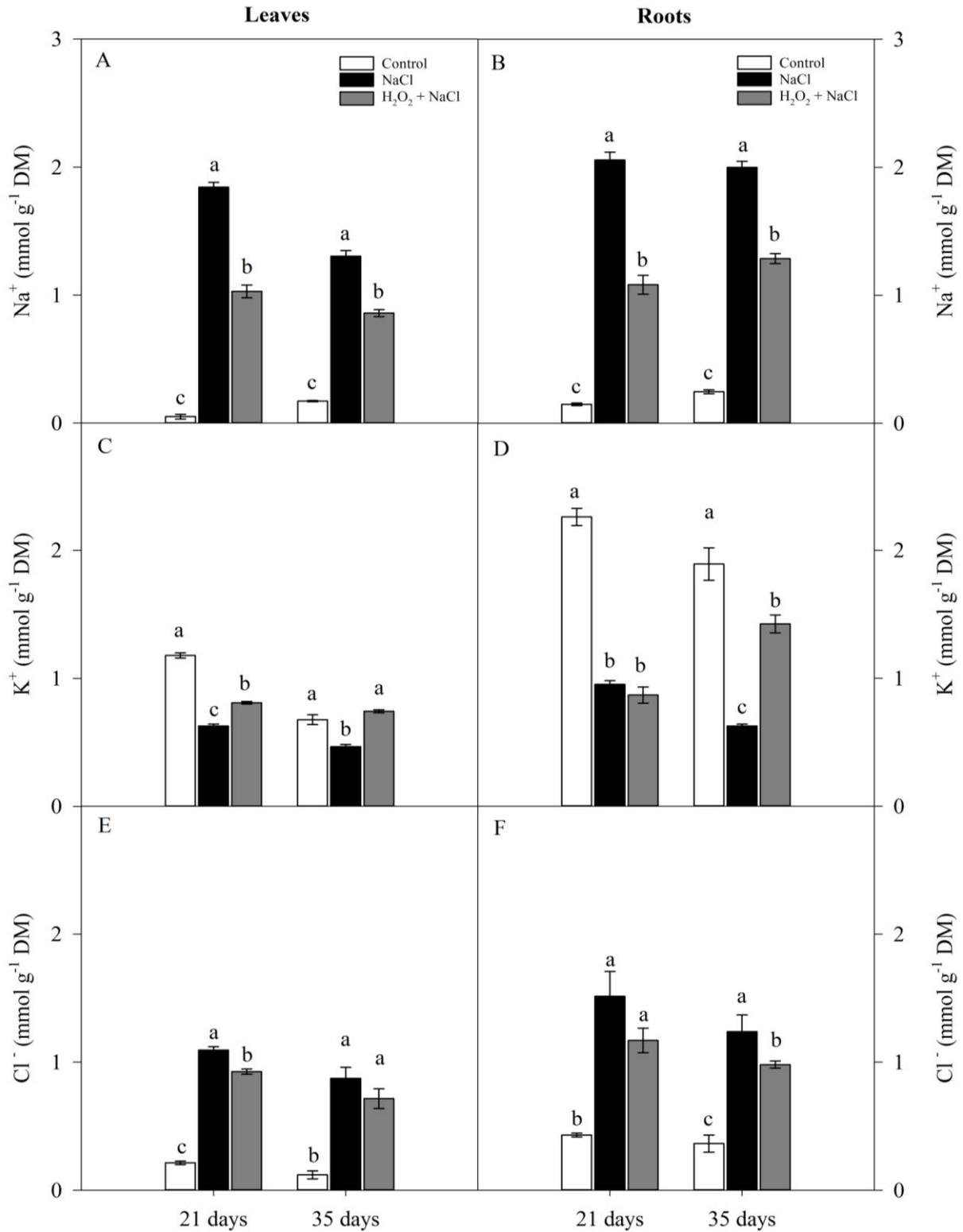
277
 278 **Fig. 5.3** Effect of salt stress (100 mM NaCl) and leaf spraying with H₂O₂ (1 mM H₂O₂ 1AP) on
 279 the relative water content (RWC) (A), electrolyte leakage (EL) (B), leaf succulence (SUC) (C)
 280 and sclerophylly index (SI) (D) of the leaves of sunflower plants grown in nutrient solution, at
 281 21 and 35 days. Means of four repetitions ± standard error. Means followed by the same letters,
 282 on each date, do not differ statistically from each other, using the Tukey's test (p ≤ 0.05).

283

284 The stress increased the SUC and the SI of the plants, except the SI in the treatment
285 primed with H₂O₂ (at 35 days), however this increase was more expressive in plants unprimed
286 (Figs. 5.3C and D). At 21 and 35 days, salinity in unprimed plants increased SUC (by 127 and
287 67%) and SI (by 166 and 41%), respectively when compared to control plants. In primed plants,
288 for the same period, the SUC was 30 and 28% higher than in control treatment plants, while for
289 SI, this increase was 53% (only at 21 days), with no significant difference at 35 days (Figs 5.3C
290 and D).

291 The levels of Na⁺ and Cl⁻ in sunflower leaves and roots also increased under conditions
292 of salt stress in both periods of evaluation. However, H₂O₂ priming was able to significantly
293 reduce the levels of Na⁺ in the leaves and roots (at 21 and 35 days) and the levels of Cl⁻ in the
294 leaves (21 days) and roots (35 days) (Fig. 5.4A, B, E and F). Analyzing the evaluation periods
295 together (21 and 35 days), the salt stress in unprimed plants increased by an average of 14.1
296 and 10.3-fold (Na⁺) and 5.9 and 3.4-fold (Cl⁻) in the leaves and roots, respectively when
297 compared to the plants of the control treatment. In contrast, H₂O₂ priming reduced the Na⁺
298 content by an average of 40% (leaves) and 42% (roots) of sunflower plants under salt stress
299 (Fig. 5.4A, B, E and F).

300



301

302 **Fig. 5.4** Effect of salt stress (100 mM NaCl) and leaf spraying with H₂O₂ (1 mM H₂O₂ 1AP) on303 the contents of Na⁺, K⁺, Cl⁻ in leaves (A, C, E) and roots (B, D, F) of sunflower plants grown

304 in nutritive solution, at 21 and 35 days. Means of four repetitions ± standard error. Means

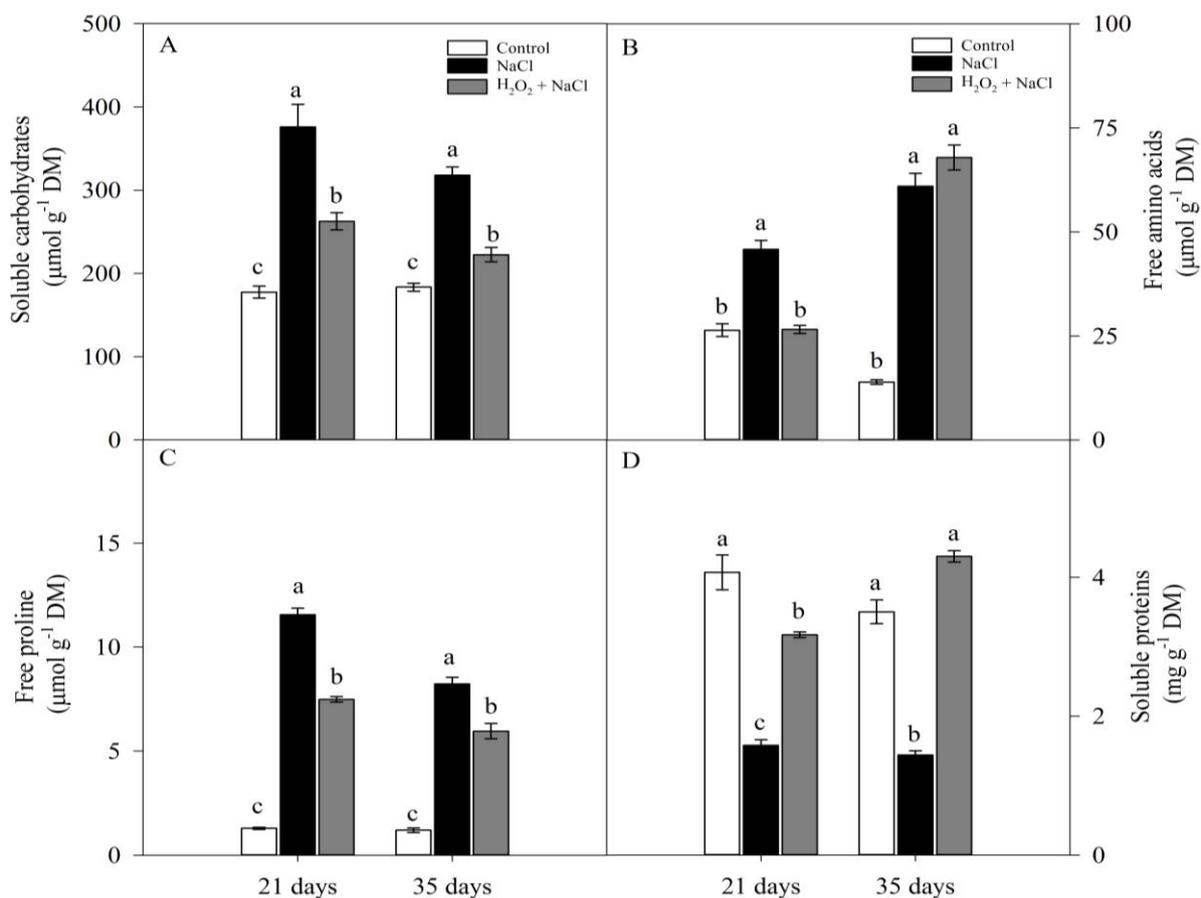
305 followed by the same letters, on each date, do not differ statistically from each other, using the
306 Tukey's test ($p \leq 0.05$).

307

308 The K^+ contents were strongly reduced by the salt stress on the leaves (47 and 31%) and
309 roots (58 and 67%) of the unprimed plants when compared with the plants of the control
310 treatment, at 21 and 35 days, respectively (Figs. 5.4 C and D). In primed plants, with the
311 exception of roots (at 21 days), the H_2O_2 increased potassium levels in the leaves by 29 and
312 59% (21 and 35 days), respectively, and in roots this increase was 128 %, at 35 days (Figs. 5.4C
313 and D).

314 In both evaluated periods (21 and 35 days), in unprimed treatments, salinity significantly
315 increased the levels of soluble carbohydrates, free amino acids and free proline, both in the
316 leaves and in the roots of the sunflower plants compared to the plants of the control treatment
317 (Figs. 5.5A, B and C and Figs. 5.6A, B and C). The joint evaluation of both periods (21 and 35
318 days) showed that the levels of soluble carbohydrates, free amino acids and free proline in this
319 treatment were on average 1.9; 2.6 and 7.9-fold (leaves) and 2.1; 1.6 and 11-fold (roots) higher
320 when compared to the plants of the control treatment. On the other hand, in the plants primed
321 with H_2O_2 the average increase in the levels of soluble carbohydrates and free proline, in both
322 periods, were 1.3 and 5.4-fold (leaves) and 1.3 and 7-fold (roots), respectively, compared to the
323 control treatment (Figs. 5.5A, B and C and Figs. 5.6A, B and C).

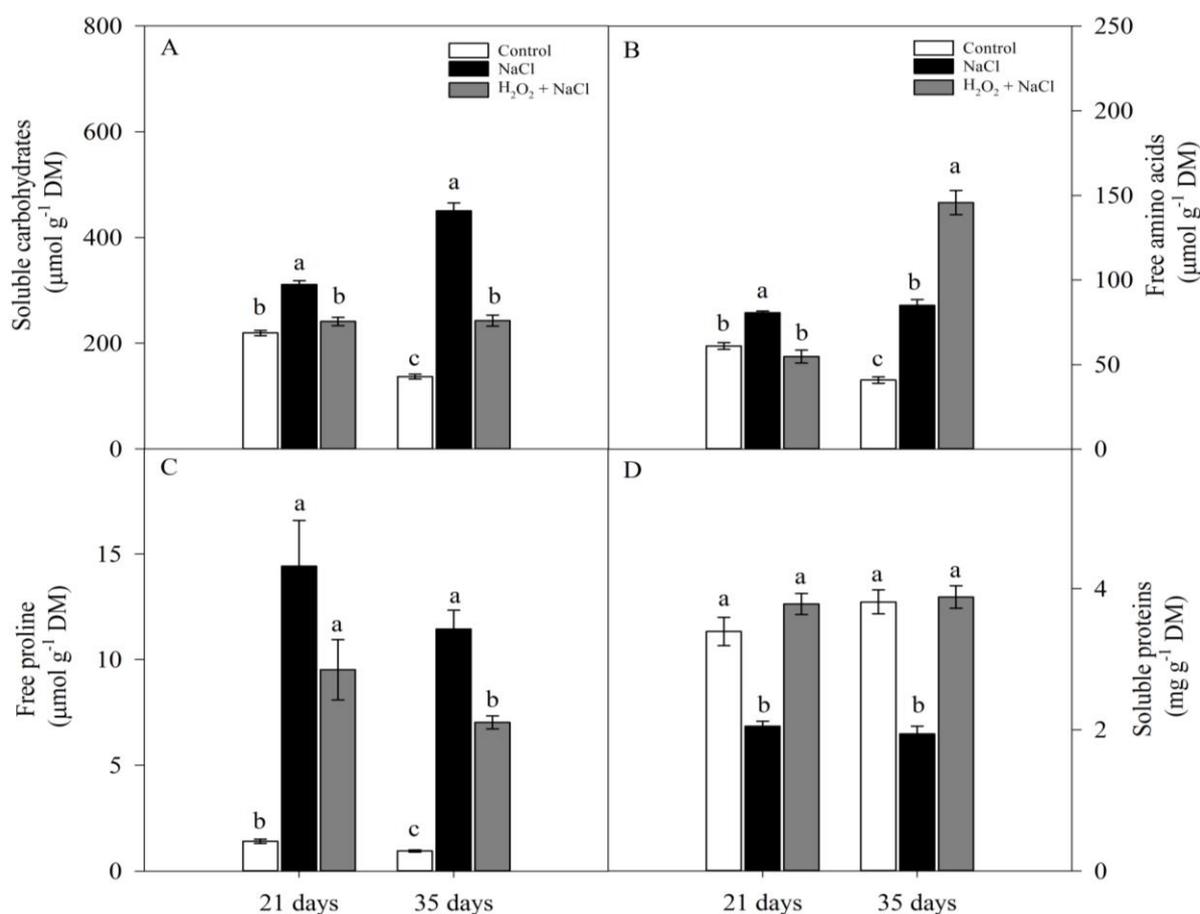
324



325
 326 **Fig. 5.5** Effect of salt stress (100 mM NaCl) and leaf spraying with H₂O₂ (1 mM H₂O₂ 1AP) on
 327 the levels of soluble carbohydrates (A), free amino acids (B), free proline (C), and soluble
 328 proteins (D) on leaves of sunflower plants grown in nutrient solution, at 21 and 35 days. Means
 329 of four repetitions ± standard error. Means followed by the same letters, on each date, do not
 330 differ statistically from each other, using the Tukey's test ($p \leq 0.05$).

331
 332 At 21 days, H₂O₂ priming maintained the levels of free amino acids similar to those
 333 found in the plants of the control treatment, both in leaves and roots (Figs. 5.5B and 5.6B). In
 334 contrast, at 35 days, plants primed with H₂O₂ showed an increase in the content of free amino
 335 acids of 4.8-fold (leaves), compared to the control treatment, and of 2.7 and 1.7-fold (roots) in
 336 comparison to unprimed treatments under control conditions and under salt stress conditions,
 337 respectively (Figs. 5.5B and 5.6B).

338 Salt stress reduced the soluble protein content of leaves and roots by 61 and 40% (21
 339 days) and 59 and 49% (35 days), respectively, in plants unprimed with H₂O₂ in relation to the
 340 control treatment (Figs. 5D and 6D). In contrast to these results, in primed plants, even under
 341 saline conditions, the soluble protein content was similar to plants of the control treatment,
 342 except in the leaves (at 21 days), where the increase in the soluble protein content was
 343 significant, but not enough to match the control treatment (Figs. 5.5D and 5.6D).
 344

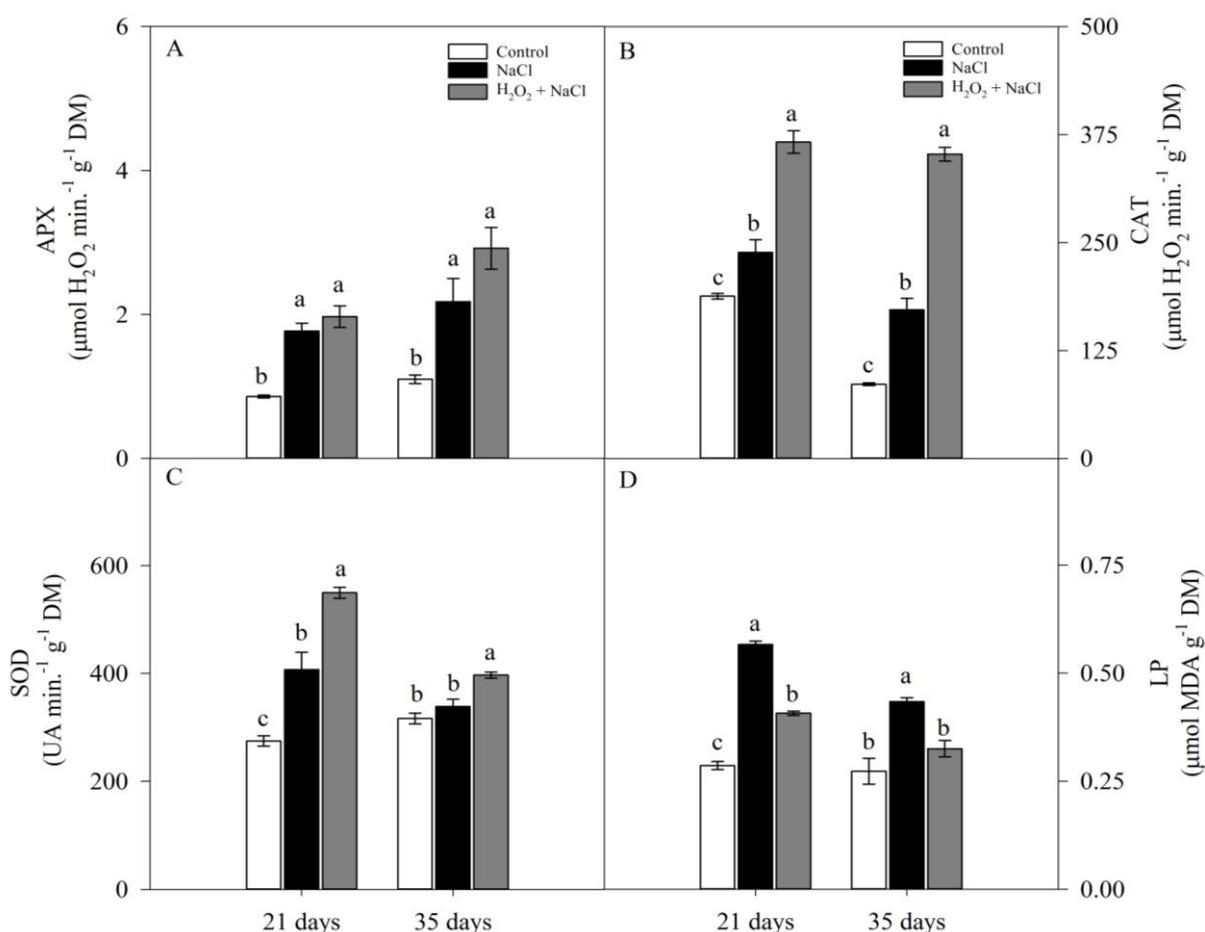


345
 346 **Fig. 5.6** Effect of salt stress (100 mM NaCl) and leaf spraying with H₂O₂ (1 mM H₂O₂ 1AP) on
 347 the levels of soluble carbohydrates (A), free amino acids (B), free proline (C), and soluble
 348 proteins (D) on roots of sunflower plants grown in nutrient solution, at 21 and 35 days. Means
 349 of four repetitions \pm standard error. Means followed by the same letters, on each date, do not
 350 differ statistically from each other, using the Tukey's test ($p \leq 0.05$).

351

352 In general, salt stress increased the activity of antioxidant enzymes (APX, CAT SOD),
 353 except only of the SOD activity (in leaves) of unprimed plants, at 35 days (Figs. 5.7A, B and
 354 C). Regardless of H₂O₂ priming, salt stress increased the APX activity of leaves and roots by
 355 an average of 2.2 and 2.3-fold (21 days) and 2.3 and 3.1-fold (35 days), respectively, when
 356 compared to control treatment (Figs. 5.7A and 5.8A).

357 In the CAT activity, the increase was more expressive in plants primed with H₂O₂. At
 358 21 and 35 days under salinity, CAT activity was 53 and 48% (leaves) and 110 and 60% (roots)
 359 higher in the plants submitted to H₂O₂ priming than in unprimed treatment (Figs. 5.7B and
 360 5.8B). When compared with the plants of the control treatment, in the same period, this increase
 361 reaches 95 and 309% (leaves) and 381 and 255% (roots), respectively (Figs. 5.7B and 5.8B).



362

363 **Fig. 5.7** Effect of salt stress (100 mM NaCl) and leaf spraying with H₂O₂ (1 mM H₂O₂ 1AP) on
364 the activity of ascorbate peroxidase (APX) (A), catalase (CAT) (B), superoxide dismutase
365 (SOD) (C), and lipid peroxidation (LP) (D) in the leaves of sunflower plants grown in nutrient
366 solution, at 21 and 35 days. Means of four repetitions \pm standard error. Means followed by the
367 same letters, on each date, do not differ statistically from each other, using the Tukey's test (p
368 ≤ 0.05).

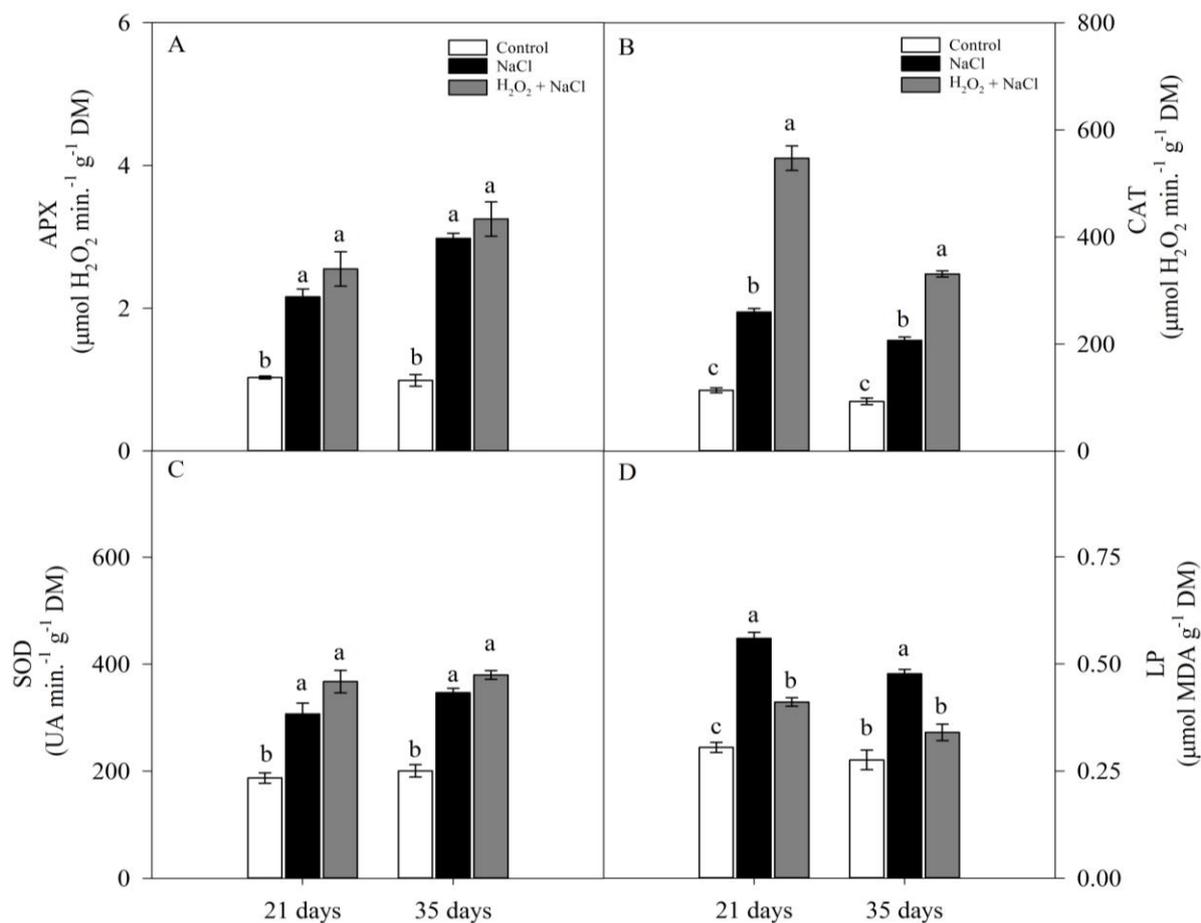
369

370 At 21 days, SOD activity on leaves was increased under salt stress, but similar to CAT,
371 this increase was more evident in plants primed with H₂O₂ (Fig. 5.7C). Compared to the control
372 treatment plants, salt stress increased SOD activity by 48% in unprimed plants. While in the
373 primed plants, this increase was 100% in relation to the plants of the control treatment (Fig.
374 5.7C).

375 In the roots, the results showed that the H₂O₂ priming did not alter the SOD activity, but
376 on the other hand, the salt stress was able to increase the SOD activity by an average of 80%
377 (21 days) and 81% (35 days) compared to the control treatment plants (Fig. 5.8C).

378 At 21 days, the LP of the leaves and roots were significantly increased by salt stress, but
379 these increases were less pronounced in plants primed with H₂O₂ (Figs. 5.7D and 5.8D). The
380 LP of the leaves and roots of the plants under salt stress and unprimed were about 98 and 95%
381 higher than in the plants of the control treatment. However, in the same conditions, H₂O₂
382 priming was able to reduce the LP of the leaves and roots by 28 and 31%, respectively, when
383 compared to unprimed plants (Figs. 5.7D and 5.8D).

384



385
 386 **Fig. 5.8.** Effect of salt stress (100 mM NaCl) and leaf spraying with H₂O₂ (1 mM H₂O₂ 1AP)
 387 on the activity of ascorbate peroxidase (APX) (A), catalase (CAT) (B), superoxide dismutase
 388 (SOD) (C), and lipid peroxidation (LP) (D) in the roots of sunflower plants grown in nutrient
 389 solution, at 21 and 35 days. Means of four repetitions ± standard error. Means followed by the
 390 same letters, on each date, do not differ statistically from each other, using the Tukey's test (p
 391 ≤ 0.05).

392
 393 At 35 days, the salt stress increased the LP of the leaves and roots only in the unprimed
 394 plants (59 and 73%, respectively) in relation to the plants of the control treatment. In this period,
 395 H₂O₂ priming reduced the LP while maintaining levels similar to those of the control plants
 396 (Figs. 5.7D and 5.8D).

397

398 4. Discussion

399 As expected, the results of the first experiment showed that salt stress reduced the
400 growth of sunflower plants. However, in some treatments, in especially, leaf spraying with 1
401 mM H₂O₂ applied 48 h before exposure to salt stress was able to increase dry mass production
402 in all partitions of sunflower, improving plant tolerance to salt stress. In this experiment, the
403 results also showed that the H₂O₂ application strategy via leaf spraying (concentration and
404 number of applications) was different from those found in other studies. These results indicate
405 that it is necessary to carry out preliminary tests to identify the best application strategy for each
406 crop. Gondim et al., 2012 stated that from tests performed (data not shown) the best
407 concentration used for leaf spraying was 10 mM H₂O₂ applied only to corn plants 48 h before
408 exposure to salt. Already Semida (2016), using another application strategy, stated that the 1
409 mM dose of H₂O₂, applied at 20, 40 and 60 days after transplantation was the one that improved
410 the responses of onion plants to salt stress.

411 In the second experiment, the analysis of the results showed that the reduction of growth
412 and of the net CO₂ assimilation rate in sunflower plants cultivated with salt stress did not occur
413 due to stomatal limitation. However, the increase in the concentration of toxic ions (Na⁺ and
414 Cl⁻) may have been the main factor for the reduction of growth and photosynthesis. Studies
415 affirm that the reduction of the RuBisCo carboxylation efficiency can be directly related to the
416 accumulation of Na⁺ and Cl⁻ in photosynthetic tissues (Silva et al., 2011).

417 The increase in ShDM and P_N in primed plants (Fig. 5.1A) can be directly associated
418 with the signaling role of H₂O₂. The H₂O₂-induced cross-tolerance mechanism is based on the
419 triggering of several highly complex reactions that are mainly related to the pathways of
420 mitogen-activated protein kinases (MAPKs route) and the route of calcium-dependent protein
421 kinases (CDPKs) (Hossain et al., 2015; Kurusu et al., 2015). The MAPK signaling cascade is
422 one of the signaling pathways most studied by plant biologists. It consists of three groups of

423 proteins (MAPKKK, MAPKK and MAPK), responsible for signaling and signal transduction
424 in response to various types of stress (Knight and Knight, 2001; Hossain et al., 2015). The
425 CDPKs route, on the other hand, are signaling-related pathway regulated by Ca^{2+} , and can also
426 be modulated by H_2O_2 . Ca^{2+} is considered to be one of the main secondary messengers related
427 to several metabolic responses including increased plant tolerance to various environmental
428 stresses (Hossain et al., 2015; Kurusu et al., 2015).

429 Several studies have shown that H_2O_2 is capable of increasing the tolerance of maize
430 plants (Azevedo Neto et al., 2005; Gondim et al., 2012; Gondim et al., 2013), strawberry
431 (Christou et al., 2014), onion (Semida, 2016), tomato (Ezzat Mohamed et al., 2015) pistachio
432 (Bagheri et al., 2019) and basil (Silva et al., 2019).

433 The reduction in pigment content observed at 21 days (Fig. 5.2) can be attributed to the
434 increase in chlorophyllase activity, which is the main enzyme responsible for the degradation
435 of chlorophylls (Santos, 2004; Taïbi et al., 2016). In contrast, the increase observed at 35 days
436 may be due to the fact that the chloroplast protein associated with chlorophyll is unexcited,
437 facilitating the process of chlorophyll extraction under salt stress conditions (Liang et al., 2018).
438 Cova et al. (2019) and Silva et al. (2019) also found that salinity increased the Chl a content in
439 noni (*Morinda citrifolia*) and basil (*Ocimum basilicum*) plants, respectively.

440 The increase observed at 35 days in the carotenoid content in plants stressed by salt (Fig.
441 5.2D) occurred as a plant protection mechanism, dissipating the excess energy accumulated by
442 stress in the form of heat through the xanthophyll cycle. Salt stress disrupts the balance between
443 photosynthetic electron transport and Calvin-Benson's cycle reactions, leading to over-
444 reduction and excess energy within of the thylakoids (Cerqueira et al., 2019). Carotenoids are
445 integral constituents of thylakoid membranes acting as accessory pigments in the capture of
446 light and as photoprotective agents in the dissipation of excess absorbed light (Baroli et al.,
447 2003). In primed plants, on the other hand, the reduction of the deleterious effects of salt stress

448 associated with the increase in PN may have contributed to the reduction of excess energy in
449 thylakoids and maintaining the balance of carotenoid production.

450 Our results also showed that, for the unprimed treatment with H₂O₂, the salt stress
451 reduced the WRC and increased the SUC and IE in the leaves (Figs. 5.3C and D). In contrast,
452 conditioning with H₂O₂ was able to improve the water status of the plants. High values of EI
453 indicate an increase in leaf thickness, some authors claim that an increase in EI is a mechanism
454 developed to increase the resistance to the diffusion of water in the leaf and, consequently, to
455 minimize water losses (Cunningham and Strain, 1969). As a consequence of this mechanism,
456 there is also an increase in SUC, which is a variable that indicates the amount of water per unit
457 leaf area. Some authors claim that the increase in SUC, besides maintaining water storage, can
458 be an important mechanism for diluting toxic ions (Cova et al., 2016; Silva et al., 2019).

459 The increase in the levels of Na⁺ and Cl⁻ and reduction of K⁺ in the cytosol, verified in
460 plants under salt stress can cause several physiological disturbances and cause an ion imbalance
461 (Fig. 4). However, in plants primed with H₂O₂, the decrease in Na⁺ and Cl⁻ levels and the
462 increase in K⁺ content in both leaves and roots indicate that H₂O₂ was able to trigger
463 physiological mechanisms of Na⁺ and Cl⁻ exclusion and reduction of efflux of K⁺ from tissues,
464 promoting an improvement in ion homeostasis and increasing the sunflower's tolerance to salt
465 stress. H₂O₂ can activate Ca²⁺ input channels to the cytosol and this, in turn, is one of the main
466 responsible for the activation of the SOS (salt overly sensitive) pathway, formed by the SOS1,
467 SOS2 and SOS3 proteins and responsible for the extrusion of Na⁺ do cytosol (Niu and Liao,
468 2016; Kong et al., 2016).

469 Some studies have stated that H₂O₂ can induce an increase in the K⁺/Na⁺ ratio and reduce
470 the Cl⁻ content in plants under salt stress (Gondim et al., 2011; Christou et al., 2014; Silva et
471 al., 2019).

472 The expressive increase in the content of soluble carbohydrates, free amino acids and
473 free salt-induced proline in the leaves and roots of unprimed plants can be considered a
474 mechanism to protect plants from salt stress (Reddy et al., 2017). Under salt stress, plants
475 accumulate organic compounds of low molecular mass, whose main functions are to help
476 maintain hydration, protect the cell against oxidative damage, and act as signaling agents during
477 stress (Wahid et al., 2007; Azevedo Neto et al., 2009).

478 The increase in the content of soluble proteins in primed plants may be related to the
479 signaling role of H₂O₂ in the expression of specialized proteins that respond to salt, including
480 antioxidant enzymes (Hosssain et al., 2015; Niu and Liao, 2016; Černý et al., 2018).

481 The excess of free energy verified in unprimed plants associated with the increase in the
482 concentration of toxic ions induced by salt stress may have contributed to the increase in the
483 production of ROS and, consequently, increasing the damage caused to the plasma membrane,
484 indicated by the increase in EL and of LP. In contrast, the plants primed with H₂O₂ were similar
485 to the plants of the control treatment, indicating once again a significant reduction in the
486 negative effects induced by NaCl (Figs. 5.3B, 5.7D and 8D). H₂O₂ priming can increase the
487 activity of antioxidant enzymes and consequently maintain redox homeostasis. H₂O₂ is capable
488 of activating genes that encode antioxidant enzymes and its function has profound effects in
489 controlling the excessive accumulation of ROS (Hossain et al., 2015).

490 Under stress conditions there is an increase in the production of ROS such as superoxide
491 radicals (O₂^{•-}), hydrogen peroxide (H₂O₂), hydroxyl radicals (•OH) and singlet oxygen (¹O₂)
492 (Azevedo Neto et al., 2008). The increase in the production of ROS can lead to an imbalance
493 of redox homeostasis, characterizing oxidative stress, and consequently causing disturbances in
494 cell structure and metabolism (Zhu, 2016).

495 H₂O₂ priming induces an increase in antioxidant activity by increasing the level of
496 transcripts and expression of antioxidant enzyme genes, such as superoxide dismutase, catalase,

497 ascorbate peroxidase, guaiacol peroxidase and others (Azevedo Neto et al., 2005; Gondim et
498 al., 2012; Hossain et al., 2015; Savvides et al., 2016). The increased expression of these
499 enzymes can significantly contribute to the maintenance of redox homeostasis, acting as one of
500 the key mechanisms to mitigate the deleterious effect of salt stress (Azevedo Neto et al., 2005).

501 Among the antioxidant enzymes, catalase stands out for the significant increase in its
502 activity in both leaves and roots for the two evaluation periods. The results observed by the
503 present study confirm the hypothesis that suggested by Yang and Poovaiach (2002), Azevedo
504 Neto et al. (2005) and Gondim et al. (2012) that the overexpression of catalase activity induced
505 by conditioning with H₂O₂ is crucial in detoxification, increasing the tolerance of plants to salt
506 stress.

507

508 **5. Conclusions**

509 In conclusion, our results show that the conditioning of plants with H₂O₂ via leaf
510 spraying is able to increase the tolerance of plants to salt stress, mainly by the balance of ion
511 homeostasis (by reducing the levels of Na⁺ and Cl⁻ and increasing the levels of K⁺) and
512 homeostasis redox (due to increased antioxidant activity, mainly catalase).

513

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518

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6. CHAPTER 6

Evaluation of methods of application of H₂O₂ for salt acclimation of sunflower plants⁶

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Evaluation of methods of application of H₂O₂ for salt acclimation of sunflower plants

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Abstract: The objective of this study was to evaluate the effect of different methods of application of hydrogen peroxide (H₂O₂) via seed and/or via foliar in sunflower (*Helianthus annuus* L.) plants under salt stress. The experiment was conducted in a greenhouse, in the experimental area of the Núcleo de Engenharia de Água e Solo - UFRB. Five treatments were tested: control (absence of NaCl); salt control (presence of 100 mM NaCl); 1 mM H₂O₂ via seed (in presence of 100 mM NaCl); 1 mM H₂O₂ via foliar (in presence of 100 mM NaCl); 1 mM H₂O₂ via seed + 1 mM H₂O₂ via foliar (in presence of 100 mM NaCl). The assay was conducted in a completely randomized design with 4 replicates. The plants were maintained during a period of 20 days in a floating type hydroponic system. Salt stress affected negatively the production of leaves, stem, roots and total dry mass. Pretreatment with H₂O₂ application via seed and the combination via seed + foliar via were able to reduce the deleterious effects of salinity, providing higher relative biomass yields.

Key words: *Helianthus annuus* L., brackish water, hydrogen peroxide.

Avaliação de métodos de aplicação de H₂O₂ para aclimação de plantas de girassol à salinidade

Resumo: Objetivou-se com o presente estudo avaliar o efeito de diferentes métodos de aplicação de peróxido de hidrogênio (H₂O₂) via semente e/ou via foliar em plantas de girassol (*Helianthus annuus* L.) sob estresse salino. O experimento foi conduzido em casa de vegetação, no campo experimental do Núcleo de Engenharia de Água e Solo, UFRB. Foram testados cinco tratamentos: controle (ausência de NaCl); controle salino (presença de 100 mM NaCl); 1 mM H₂O₂ via semente (na presença de 100 mM NaCl); 1 mM H₂O₂ via foliar (na presença de 100

36 mM NaCl); 1 mM H₂O₂ via semente + 1 mM H₂O₂ via foliar (na presença de 100 mM NaCl).
37 O ensaio foi realizado em delineamento inteiramente casualizado, com 4 repetições. As plantas
38 foram mantidas durante um período de 20 dias em sistema hidropônico do tipo *floating*. O
39 estresse salino reduziu significativamente a produção de massa seca das folhas, caule e raízes.
40 O pré-tratamento com aplicação de H₂O₂ via semente e a combinação via semente + via foliar
41 foram capazes de reduzir os efeitos deletérios da salinidade, proporcionando maiores produções
42 relativas da biomassa.

43

44 **Palavras-chave:** *Helianthus annuus* L., água salobra, peróxido de hidrogênio.

45

46 **Introduction**

47 Salinity is one of the abiotic stresses that most affects crop growth and productivity in
48 worldwide (Veeranagamallaiah et al., 2007), therefore, it is one of the main challenges
49 encountered in agriculture (Peleg et al., 2011). Many efforts have been made in order to develop
50 strategies that aim to improve the plant tolerance to abiotic stresses, such as, for example, the
51 use of chemical signals that perform metabolic functions.

52 Hydrogen peroxide (H₂O₂) is considered the main reactive oxygen species (ROS) found
53 in plant tissue. Due to the electrochemical properties of the molecule, H₂O₂ diffuses between
54 cell compartments, which facilitates its signaling function (Bienert et al., 2006). Several studies
55 have shown the role of H₂O₂ as a signaling molecule with multiple functions in plants (Neill et
56 al., 2002; Hung et al., 2005). Although these results prove the effective role of H₂O₂ in
57 increasing the tolerance of plants to abiotic stresses, little is known about its best applications.

58 Thus, this study aimed to evaluate the effect of different methods of applying hydrogen
59 peroxide (H₂O₂) via seed and/or leaf in sunflower (*Helianthus annuus* L.) plants under salt
60 stress.

61

62 **Material and Methods**

63 The experiment was carried out in a greenhouse, on the campus of the Universidade
64 Federal do Recôncavo da Bahia, in Cruz das Almas, Bahia. Sunflower seeds (*Helianthus*
65 *annuus* L.), genotype AG 975 were used, chosen from previous experiments because of their
66 sensitivity to salt stress. Based on the results of previous tests, the best treatments were selected
67 for the present study using H₂O₂ applied via seed and leaf spraying. Thus, the treatments were:
68 control (absence of NaCl); salt control (presence of 100 mM NaCl); 1 mM H₂O₂ via seed (in

69 the presence of 100 mM NaCl); 1 mM H₂O₂ via leaf spraying (in the presence of 100 mM
70 NaCl); 1 mM H₂O₂ via seed + 1 mM H₂O₂ via leaf spraying (in the presence of 100 mM NaCl).

71 The H₂O₂ concentration used was 1 mM H₂O₂, both in the application via seed (24 h),
72 and in the treatment of leaf spraying, which was performed only once, on the abaxial and adaxial
73 surfaces of the leaves at 7 days after the beginning of cultivation. The experimental design used
74 was completely randomized, with four replications. The plants were transferred to polyethylene
75 pots, containing 15 L of nutrient solution (SN) by Furlani (1997) + 100 mM NaCl, except in
76 the control treatment.

77 The SN was aerated every 3 h with the aid of an air compressor, each event lasting 15
78 min. After 20 days of cultivation, the plants were harvested and partitioned into leaves, stems
79 and roots. Subsequently, they were taken to an air circulation oven (65 °C) to determine the dry
80 mass of leaves (LDM), stem (SDM), roots (RDM) and total (TDM), using an analytical balance.
81 The data were submitted to ANOVA using the F test ($p \leq 0.05$) and the means compared by the
82 Tukey test ($p \leq 0.05$).

83

84 **Results and Discussion**

85 Salinity significantly reduced plant biomass production. However, this reduction was less
86 pronounced when the plants were pretreated with H₂O₂ (Table 6.1). In the salt control treatment
87 (presence of 100 mM NaCl and absence of e H₂O₂), the yields of LDM, SDM, RDM and TDM
88 were approximately 80, 86, 72 and 80% lower, respectively, when compared to the control
89 treatment (Table 6.1).

90 According to Hasegawa (2013), salt stress causes several disturbances in the
91 physiological and biochemical processes, such as photosynthesis, consequently reduces the
92 growth and productivity of plants. For all the variables analyzed, the application of 1 mM H₂O₂
93 via leaf spraying (in the presence of 100 mM NaCl) did not show any significant difference
94 when compared to the plants of the salt control treatment. This absence of significant effect
95 may have occurred due to the management adopted in the application of H₂O₂ via leaf, which
96 in this case occurred after saline stress.

97

98 **Table 6.1** Relative production (%) of the dry masses of leaves (LDM), stem (SDM), roots
99 (RDM) e total (TDM) of the sunflower plants cultivated in nutrient solution with or without
100 100 mM NaCl and treated with different methods of applications of H₂O₂, Cruz das Almas BA,
101 2019.

Treatments	MSF	MSC	MSR	MST
Control (absence NaCl)	100	100	100	100
Salt control (100 mM NaCl)	19.6 b	13.6 b	28.1 b	20.0 b
H ₂ O ₂ via leaf spraying + 100 mM NaCl	20.8 b	13.3 b	30.0 b	20.1 b
H ₂ O ₂ via seed + 100 mM NaCl	30.0 a	26.2 a	45.0 a	33.5 a
H ₂ O ₂ via seed + leaf spraying + 100 mM NaCl	32.0 a	23.6 a	42.3 a	31.2 a
CV (%)	12.49	10.70	8.36	8.88

102 Means followed by the same letter in the column, do not differ statistically from each other by
 103 the Tukey test, at the 0.05 probability level.

104

105 These results suggest that the application of H₂O₂ after salt stress is not able to mitigate
 106 the negative effects caused by salt stress. The relative production of sunflower biomass in
 107 treatments with applications of 1 mM H₂O₂ via seed (in the presence of 100 mM NaCl) and 1
 108 mM H₂O₂ via seed + 1 mM H₂O₂ via leaf spraying (in the presence of 100 mM NaCl) does not
 109 differ statistically from each other. However, they were 50% higher when compared to the salt
 110 control plants (in the presence of 100 mM NaCl and absence of H₂O₂).

111 The analysis of these results indicates that the application of H₂O₂ via seed (before salt
 112 stress) is able to significantly reduce the negative effect of salt stress, without the need for
 113 further application (via leaf spraying). Several authors found that H₂O₂ pretreatment reduced
 114 the deleterious effects of salt stress on plant growth. The results obtained by Azevedo Neto et
 115 al. (2005) showed that the H₂O₂ added to the nutrient solution two days before the NaCl
 116 additions, led to a process of acclimation to salt stress in maize plants.

117 Similar results were found by Wahid et al. (2007) in wheat plants from seeds pretreated
 118 with H₂O₂ and grown under salt conditions. In this study, the authors state that the H₂O₂
 119 pretreatment gave plants an increase in tolerance to salt stress.

120

121 **Conclusions**

122 Even with the reduction in dry mass production, the application of H₂O₂ via seed (24 h)
 123 can be recommended to increase the tolerance of sunflower plants to salt stress.

124 The leaf application of H₂O₂ after salt stress was not able to mitigate the negative effect
 125 caused by salt in sunflower plants.

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FINAL CONSIDERATIONS

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Currently, salinity is still a limiting factor in agriculture, especially with regard to regional development in the semiarid region. With this, the search for alternatives that contribute to improve the tolerance of plants to salt stress has been increasing.

With the present study, we were able to prove that the application of hydrogen peroxide (via leaf spraying or via seed) can be a viable technique for increasing the tolerance of plants to salinity, contributing to the increase in the production of agricultural crops in regions already salinized, as the northeast region of Brazil, providing an increase in the farmers' source of income.

We can confirm that many studies related to this research topic are still needed, since the H₂O₂ signaling mechanism is considered extremely complex and involves increasing tolerance to various types of stress. For each species, different H₂O₂ application strategies should be tested, varying the application site, doses, exposure time, number of applications to then identify which technique is most recommended to increase the tolerance to stress in each specific culture.